

ANNUAL GENERAL MEETING 2026



**TRIATHLON
SINGAPORE**

GOVERNING BOARD MEMBERS (NOMINATION CANDIDATES)

NOMINATION CANDIDATE

Ms. Michelle Evelyn Chow

Age: 48

**Occupation: Associate Performance Psychologist & Executive Coach,
InPsychful LLP**

Profile / Experience:

- **TAS Board Member since 2020**
- **Assistant Secretary General (2022 to 2024)**
- **Deputy President (2024 to current)**
- **Acting Treasurer (2025 to current)**
- **HPE Committee and Women's Committee**
- **Former SAF Regular, Former Teacher**

Conflict of Interest:

World Triathlon Level I Coach, NROC Level I Triathlon Coach, Technical Official



NOMINATION CANDIDATE

Mr. Trevor Xie

Age: 46

Occupation: Director, Conservation Capital Pte Ltd

Profile / Experience:

- **Assistant Secretary General (2006 to 2010)**
- **Board Member (2024 to Current)**
- **More than 24 years experience working with Charities**
- **Avid Triathlete, Ironman, Squash Player**
- **Youngest Singaporean Finisher of a full IRONMAN at 18 years 5 Months in the year 2000. (This record was broken by his son Ze Kai in 2026, at the age of 18 years 2 days!)**

Conflict of Interest:

Nil



NOMINATION CANDIDATE

Mr. Benjamin Khoo Jun Da

Age: 35

Occupation: Business Owner, Found of Live Long Long Pte Ltd

Profile / Experience:

- **Board Member (2022 to 2024)**
- **Assistant Secretary General (2024 to Current)**
- **Conceptualise TAS Youth Aquathlon League for Youth Development**
- **Co- Lead Fund Raising for Youth at T100 Singapore 2024 & 2025**
- **Over 6 years experience working with Charities**
- **Current Singapore Record for the IRONMAN Distance, time of 8:49:46 achieved at IRONMAN Hamburg on 1 June 2025.**
- **100km Road Record – 7:39:16, 50km Road record (Enroute) – 3:39:03**

Conflict of Interest:

Still an active athlete under our HPP Program, and might be trying out to qualify for upcoming Major Games



NOMINATION CANDIDATE

Dr. Joshua Li Zhong Yi

Age: 39

Occupation: Doctor, Singapore Health Services

Profile / Experience:

- **Appointed Board Member (2023 to 2024)**
- **Board Member (2024 to Current)**
- **Assistant Treasurer (2025 to Current)**
- **College of Family Physicians Singapore – Ordinary Member**
- **Sports Medicine Association Singapore – EXCO**
- **Avid Triathlete, Marathoner, Hyrox athlete**

Conflict of Interest:

- **Still an active athlete under our HPP Program, and might be trying out to qualify for upcoming Major Games**
- **Sports Physician at SSMC@HPSI**
- **Member of Tribal Triathlon Club, an affiliate club of TAS**



NOMINATION CANDIDATE

Mr. Chew Yi Heng

Age: 33

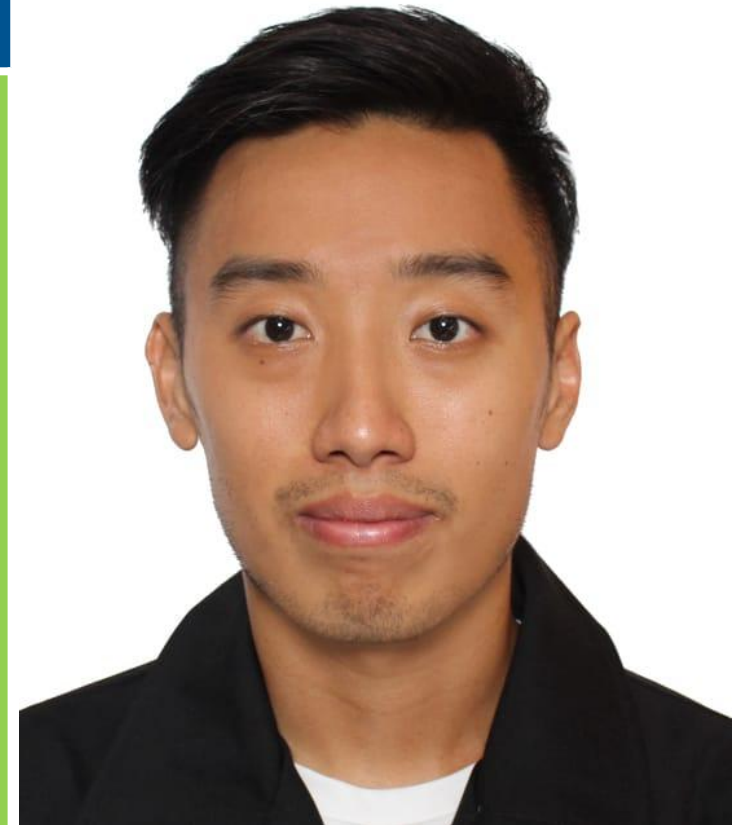
Occupation: Global B2B Portfolio Manager, Dyson Operations Pte Ltd

Profile / Experience:

- **Board Member (2022 to Current)**
- **Member of TAS Development Committee and HPE Committee**
- **Co-Founder of Tribal Triathlon Club**
- **More than 7 years working with Charities**
- **Former HPP athlete, Current AG Triathlete**

Conflict of Interest:

- **TRIBAL Triathlon Club**
- **World Triathlon Level 2 Coach**
- **NROC Level 1 Triathlon Coach**
- **Community Level Technical Official**



NOMINATION CANDIDATE

Ms. Yvonne Teo

Age: 50

Occupation: Director, Deutsche Bank Singapore

Profile / Experience:

- **Assistant Treasurer (2022 to 2024)**
- **Board Member (2024 to Current)**
- **Chairman of TAS Women's Committee**
- **Deutsche Bank CSR Arm since 2019**
- **More than 7 years working with Charities**
- **Active Triathlete since 2015, Sprint, Standard, Ironman 70.**
- **Co-Founder of Singapore Women's Triathlon Club, Actively promoting women's participation in the sport**

Conflict of Interest:

Singapore Women's Triathlon Club



NOMINATION CANDIDATE

Dr. Adrian Ooi

Age: 46

**Occupation: Medical Director & Consultant Plastic Surgery,
Polaris Plastic & Reconstructive Surgery**

Profile / Experience:

- **Appointed Board Member (2023 to Current)**
- **Co- Lead Fund Raising for Youth at T100 Singapore 2024 & 2025**
- **More than 4 years working with Charities**
- **Avid Triathlete**

**Conflict of Interest:
Nil**



NOMINATION CANDIDATE

Ms. Chang Shuwen

Age: 36

Occupation: Founder & Coach, Well Bred Racing

Profile / Experience:

- **Appointed Board Member (2018 to 2020)**
- **Board Member (2020 to 2022)**
- **Former HPP Athlete**
- **Represented Singapore at SEA Games 2019**
- **Founder of Well Bred Racing, actively engaging in community and youth development in Singapore, through sports science application.**
- **Avid Triathlete**

Conflict of Interest:

- **Well Bred Racing**
- **World Triathlon Level 2 Coach**
- **NROC Level 1 Triathlon Coach**



NOMINATION CANDIDATE

Ms. Siti Noorimah

Age: 43

Occupation: Founder & Coach, Born2Tri Warriors Club

Profile / Experience:

- **Founded Born2Tri Warriors in 2023**
- **Youth Triathlon Coach specialising in Youth Development**
- **Developing athletes from grassroots to National Level competitions**
- **Avid Triathlete**

Conflict of Interest:

- **Born2Tri Warriors Club**
- **Parent of Youth Athlete, Nur Isabella Schiering**
- **World Triathlon Level I Coach**
- **NROC Level I Triathlon Coach**



NOMINATION CANDIDATE

Mr. Tan Choon Siang

Age: 50

**Occupation: Chief Executive Officer
CapitalLand Integrated Commercial Trust Management Limited**

Profile / Experience:

- **5 years working with Charities**
- **Avid Triathlete, Marathoner, Hyrox athlete**

Conflict of Interest:

- **Parent of Youth Athlete Vera Tan**

