



Selection Policy:

Competition	6 th Asian Beach Games, Sanya China
Qualifying Window:	22 January 2025 to 6 February 2026

Date	Version	By	Remarks
18 Aug 2025	1	Eugene Ong	Created
1 Sept 2025	1.1	Eugene Ong	Updated
11 Nov 2025	1.2	Eugene Ong	Updated
16 Jan 2026	1.3	Eugene Ong	Updated

1. Introduction

1.1 The 6th Asian Beach Games (ABG) is scheduled to be held in Sanya, China from 22 to 30 April 2026.

1.2 The Triathlon (Aquathlon) events will be held from 23 to 25 April 2026, at Wedding Photography base (Sea Area and Roads), Sanya Bay, Tianya District, Sanya. There will be a total of 3 events:

Date & Time	Event	Number	Distance
23 April 2026 (Thursday), TBC	Men Individual	2 Men	Run – 2.5 km Swim – 1 km Run – 2.5 km
23 April 2026 (Thursday), TBC	Women Individual	2 Women	Run – 2.5 km Swim – 1 km Run – 2.5 km
25 April 2026 (Saturday), TBC	Mixed Relay	2 Men and 2 Women	(distances per leg) Run – 1.25 km Swim – 0.5 km Run – 1.25 km

1.3 Competition Format of Mixed Relay: Each team consists of four (4) athletes: two (2) men and two (2) women. Each athlete completes one leg of the relay. The order of competition is as follows: woman-man-woman-man. Athletes must hand over in the designated relay zone. The final athlete crosses the finish line to complete the race. The team with shorter time will rank higher.

1.4 Individual Event: Each NOC may register up to two (2) male athletes and two (2) female athletes.

Mixed Relay Event: Each NOC may register a maximum of one (1) team, comprising two (2) male athletes and two (2) female athletes, along with one (1) male reserve and one (1) female reserve.

- 1.5 Total Quota: Each NOC may enter a maximum of three (3) male athletes and three (3) female athletes overall.
- 1.6 This policy set out the process and criteria for selection of athletes to represent Singapore at the 2026 ABG Triathlon events.
- 1.7 This policy may be amended at any time if Triathlon Singapore (TAS) is of the opinion that such an amendment is necessary. TAS will publish this policy (and any amendments) on TAS website at (www.triathlonsingapore.org).

2. Eligibility

- 2.1 To be considered for selection, an athlete must meet all the following eligibility:
- a) Singapore Citizen, and should not be holding dual citizenship if they are above 22 years old, at the time of nomination
 - b) At least 16 years of age as of 31 December 2026, for the Individual events
 - c) At least 15 years of age as of 31 December 2026, for the Mixed relay event.
 - d) Be a registered member of TAS, and in good standing
 - e) Signed current TAS athlete agreement
 - f) Valid Pre-Participation Examination
 - g) Have competed in at least 2 two selection events (refer to point 4.1), with at least 1 of the 2 events being an actual race (point 4.1a, 4.1b). Exemption may be granted due to extenuating circumstances (refer to point 5.4)
- 2.2 Addendum: The organisers have announced the timeline for the Games and SNOC had updated their timeline on 15 October 2025
- a) Athlete MUST indicate their intent and commitment to participate in the ABG by 30 November 2025.
 - b) Athlete MUST successfully submit the required documents to facilitate accreditation application by 30 November 2025 (or any other extension date as determine by SNOC and communicated to TAS). The documents might include a completed spreadsheet, a copy of passport with validity and a recent color photo with certain requirements.

3. Selection panel

- 3.1 The selection panel will consist of the following:
- a) High Performance Manager TAS (Chair) – Eugene Ong
 - b) TAS Board Representative - TBC
 - c) TAS High Performance Committee Representative – TBC
 - d) Technical Official Representative – TBC
 - e) Independent Member – TBC

(Note: Selected personnel need to have a good understanding and insight into high-performance sports, and preferably knowledge of Triathlon and its related multisport)

- 3.2 The selection panel shall decide on the athletes to be selected in accordance to the process as set out in this policy.
- 3.3 The Singapore National Olympic Council (SNOC) is the governing body which sets the qualifying standards and criteria, selects the athletes for the Games, and considers any appeal cases which TAS may submit. Final decision for participation at the Games will be at the sole discretion of SNOC Selection Committee

4. Process

4.1 Selection events:

- a) Any races organized or sanctioned by TAS
- b) Any races sanctioned by World Triathlon or their affiliated National Federations.
- c) Any time trials conducted by TAS. (Only for supporting B and C Cut qualifying time achieved in an actual triathlon related race)
- d) Any time trials or races (Swim, Run) sanctioned by the appropriate governing body. (Only for supporting B and C Cut qualifying time achieved in an actual triathlon related race)
- e) Official times must be uploaded onto athlete's SportSsync account, and also submitted to TAS: eugene.ong@triathlonsingapore.org

4.2 Note:

- This is the first time Aquathlon event will be held at the Asian Beach Games.

4.3 Qualifying Criteria:

(Benchmarked against 2018 ASTC Aquathlon Asian Championships Hong Kong (AAC) and 2019 World Beach Games Doha (WBG, 2023 SG)

Qualifying Criteria	Men	Women
Distance (2.5km R – 1km S – 2.5km R) A Cut – 6th placed time at AAC B Cut – 2% off 6th placed time	A – 00:35:29	A – 00:39:37
Distance (1.25km R – 0.5km S – 1.25km R) A Cut – Top 6 Time of Mixed Relay at WBG B Cut – 3rd placed time at SG C Cut – Slowest athlete of the 6th ranked Team at the Mixed Relay at WBG	A – 00:15:09 B – 00:15:41 C – 00:16:25	A – 00:17:05 B – 00:17:34 C – 00:17:47
Target Times: (Top 6 time at AAC, Slowest swim/run time from top 6th ranked time at the ABG)	1000m Swim – at least 00:15:21 500m Swim - at least 00:07:04 5km Run - at least 00:19:06 2.5km Run - at least 00:09:57	1000m Swim – at least 00:16:19 500m Swim - at least 00:07:43 5km Run - at least 00:22:25 2.5km Run - at least 00:11:25

4.4 Considerations:

- a) Automatic Qualification: Eligible athletes who had achieved the A Cut qualifying criteria set out in point 4.3 at any selection events within the qualifying window, automatically qualifies to be nominated.
- b) Discretionary Qualification: Should there still be available slots, eligible athletes who had achieved B or C Cut qualifying criteria set out in point 4.2 at any selection

events within the qualifying window, will have their names submitted for nomination. (Note: All nominations submitted will still be subject to acceptance at SNOC's discretion)

- c) SNOC will announce the selection of nominated athletes after their selection Committee Meeting, scheduled in January 2026. Nominated athletes who had failed SNOC's selection can have their nominations resubmitted to SNOC as an appeal, looking at fresh data obtained until 6 February 2026 (qualifying window closed).
- d) If the number of athletes with nominations accepted by SNOC following the appeal committee meeting exceeds the available quota slots, these athletes will undergo a further assessment based on the qualities outlined in point f)
- e) Pursuant to the Olympic Charter (By laws to Rules 27 and 28, paragraph 2.1), “Selection shall be based not only on the sports performance of an athlete, but also on his ability to serve as a an example to the sporting youth of his country”.

The following qualities of the athletes will also be assessed:

- Attitude and behavior towards coaches, teammates, fellow athletes, officials and sports administrators, whether in relation to sporting matters or otherwise
 - General conduct and character which may affect the reputation, image , values or best interests of the athlete or the sport
 - Past disciplinary record
 - Current Skill level and fitness
 - Level of Commitment and attendance
 - Potential for future development
 - Ability to demonstrate team spirit and work well with team mates and officials
 - Such other non-performance related qualities as TAS may consider to be relevant
- f) If more athletes meet the qualifying criteria than there are available quota slots, the following tie-breaking criteria will be used to make the final selection:
- 1) Number of times an athlete has met the qualifying criteria, with preference given to standard distance achievements over sprint distance achievements.
 - 2) Fastest race time considering the following factors:
 - i. Race course conditions
 - ii. Race distance
 - iii. Strength of competition field (Direct comparison with Singaporeans and Asian Competitors).

5. Commitment

5.1 Athletes are required to:

- i. Comply with the provisions of the TAS and SNOC athletes' agreement at all times.
- ii. Make themselves available and participate in all activities designated by TAS and SNOC. This includes appearing at events and social media whereby their images and presence are required to achieve the objectives of TAS and SNOC
- iii. Not act in a manner as to bring SNOC, TAS or the athlete into public disrepute.
- iv. Provide a training plan, for at least 6 months leading up to the Games. The plan should include full training load of at least 20 hours per week, training and competition targets towards peak performance at the Games, endorsed by TAS.
- v. Attend any team training, specific competitions and time trials as required by TAS, and wearing the team uniform as required.

- vi. Local based athletes must compete in all National Championships races and selection trials organized or sanctioned by TAS.
- vii. Understand all doping offence as defined in ADS and WADA's Anti-Doping By-law, including the administering or usage of any prohibited substance.
- viii. Declare accurate whereabouts information as instructed by Anti-Doping Singapore (ADS), and agree to participate willingly in sample collections for Doping Tests conducted by ADS, pursuant to WADA's policies. A breach in this point would include the failure to accurately declare requested information, not cooperating with ADS officers or any violation in the Anti-Doping Rules and Tests.
- ix. Keep TAS updated on any changes to their health and fitness, or training plan. They are to immediately inform TAS of any illness or injury that could reasonably impact their ability to perform at Games, and more importantly, the impact on their overall health and well-being.

5.2 A breach in the above may result in an athlete being withdrawn from nomination/selection, remove from the Team and/or face disciplinary actions.

5.3 Athletes not being able fulfill their commitments should write in to eugene.ong@triathlonsingapore.org to state their reasons.

5.4 Exemption may be granted due to extenuating circumstances such as:

- Injury or illness
- Equipment Failure
- Travel delays
- Bereavement
- Such other circumstances as TAS may consider to be relevant.

TAS Appeal Process

Right of Appeal - An athlete who fails to be selected may appeal against the decision. The appeal shall be conducted as a process to inquire if the decision made had properly adhere to the process and criteria set out in the selection policy, and not as a re-selection process

Appeal Panel – The appeal panel shall consist of the following:

- (i) A Representative from TAS Board, with no known conflict of interest.
- (ii) An invited official from another organization, independent from TAS.
- (iii) An invited official from another NSA

Notice of Appeal – Within 24 hours after TAS announce the selected athletes for the Games, an athlete who wishes to appeal must put forth in writing to: eugene.ong@triathlonsingapore.org

Any appeals received after 24 hours will not be entertained.

The appeal must be accompanied by:

- A summary of all arguments and documentations that the athlete wishes to be considered in support of the appeal, and also evidences that will be relied upon in support of those arguments for the appeal.
- An appeal bond of SGD\$500. (via bank transfer to TAS's UEN S92SS0052C). Failure to receive payment will result in the appeal being null and void.

Hearing of the Appeal – The appellant will be advised on a date for the hearing as soon as necessary.

- The hearing will be conducted with as little formality and technicality.

- The hearing must observe the principles of natural justice.
- The parties to an appeal may be represented at a hearing but not by a barrister, solicitor or a legally trained person.

Results of hearing – The appeal panel may decide on the following:

- I. That there are irregularities in the selection process, and makes recommendation to the TAS Board for a decision.
- II. That an unfair selection decision had been made by the selection panel, failing to abide by the required selection guidelines and/or selection criteria, and makes recommendation to the TAS Board for a decision
- III. That there is no basis to the appeal and the decision of the selection panel be upheld

The final decision of the hearing will be made by the TAS Board, on the recommendation of the appeal panel, and announced no later than 24 hours after the hearing.

Regardless of the decision, the appeal panel may also stipulate that all or part of the appeal bond be refunded to the appellant.

Contact details

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Appendix A: Timeline

3 Nov 2025	Long List and Nomination phase begin
30 Nov 2025	Deadline for submission of accreditation documents
19 Dec 2025	Longlist and Nomination Deadline (NSA)
January 2026	Selection Committee Meeting (SNOC)
14 Jan 2026	Appeal Process Starts
21 Jan 2026	Deadline for Appeal
February 2026	Appeal Committee Meeting (SNOC)
6 Feb 2026	Entry by Name Form Deadline (NSA)