

TRIATHLON ASSOCIATION OF SINGAPORE

1. ATHLETE PROFILE

SPORT (TRIATHLON / DUATHLON / AQUATHLON / LONG DISTANCE)	
NAME	
GENDER	
NRIC	
CITIZENSHIP	
PLACE OF BIRTH	
DATE OF BIRTH	
RACE	
MARITAL STATUS	
OCCUPATION	
HEIGHT	
WEIGHT	
BLOOD GROUP	
MEDICAL CONDITION	
DRUG ALLERGY	
PASSPORT NAME	
PASSPORT NUMBER	
DATE OF ISSUE	
DATE OF EXPIRY	
CONTACT NUMBER (HOME)	
CONTACT NUMBER (MOBILE)	
EMAIL ADDRESS	
HOME ADDRESS	
NEXT OF KIN NAME	
RELATIONSHIP	
CONTACT NUMBER	
EMAIL ADDRESS	
SCHOOLS ATTENDED 1	
SCHOOLS ATTENDED 2	
SCHOOLS ATTENDED 3	
SCHOOLS ATTENDED 4	
SCHOOLS ATTENDED 5	
(please include year)	
OTHER QUALIFICATIONS	
OTHER QUALIFICATIONS	
OTHER QUALIFICATIONS	
COACH'S NAME	
COACH'S ACCREDITATION	
CITIZENSHIP	
NRIC	
CONTACT NUMBER	
EMAIL ADDRESS	
HOME ADDRESS	

2. COMPETITION PROFILE (LAST 24 MONTHS)

(Note: Please include all competitions and time trials results sanctioned by the National Governing Body, or any certified coaches)

[illegible][illegible][illegible][illegible]

3. Weekly Training / Any Other Matters:

Training Type	Number of Sessions	Duration per Session	Remarks
Swim			
Bike			
Run			
Brick			
Strength			
Fitness			
Testing			
Sports Massage			
Physiotherapy			