



Selection Policy:

Competition	3 rd Asian Youth Games, Bahrain 2025
Qualifying Window:	23 July 2024 to 31 July 2025

Date	Version	By	Remarks
26 March 2025	1	Eugene Ong	Created
17 June 2025	2	Eugene Ong	Updated

1. Introduction

1.1 The 3rd Asian Youth Games will be held from 22 to 31 October 2025 in Bahrain. The Triathlon events will be held on 23 and 25 October 2025.

1.2 For the sport of Triathlon, there will be 3 events:

Events	Dates*	Quota	Distance*
Triathlon Individual (Men)	TBC	2 Men	Super Sprint
Triathlon Individual (Women)	TBC	2 Women	Super Sprint
Triathlon Mixed Team relay	TBC	2 Men 2 Women	Super Sprint x 4

*Note: Awaiting for the official announcement of the confirmed dates and distance and the release of the Official Technical handbook from OCA

1.3 This policy set out the process and criteria for selection of athletes to represent Singapore at the 33rd SEA Games Triathlon events.

1.4 This policy may be amended at any time if Triathlon Singapore (TAS) is of the opinion that such an amendment is necessary. TAS will publish this policy (and any amendments) on TAS website at (www.triathlonsingapore.org).

2. Eligibility

2.1 To be considered for selection, an athlete must meet all the following eligibility criteria:

- Singapore Citizen
- Between 14 to 16 years of age (Born in 2009, 2010, 2011)
- Be a registered member of TAS, and in good standing
- Signed current TAS athlete agreement
- Draft Legal Endorsed, or had raced in a draft legal race in the last 12 months.
- Valid Pre-Participation Examination

3. Selection Panel

3.1 The selection panel will consist of the following:

- General Manager TAS (Chair) – Eugene Ong

- b) TAS Board Representative – Michelle Chow
- c) TAS High Performance Committee Representative – James Middleditch
- d) Technical Official Representative – Ong Si Ying
- e) Independent Member – Jeff Lim

3.2 The selection panel shall decide on the athletes to be selected in accordance to the process as set out in this policy.

3.3 The Singapore National Olympic Council (SNOC) is the governing body which sets the qualifying standards and criteria, selects the athletes for the Games, and considers any appeal cases which TAS may submit. Final decision for participation at the Games will be at the sole discretion of SNOC Selection Committee

4. Process

4.1 Selection events:

- a) Any races organized or sanctioned by TAS
- b) Any races sanctioned by World Triathlon or their affiliated National Federations.
- c) Any time trials conducted by TAS.
- d) Any time trials or races (Swim, Bike, Run) sanctioned by the appropriate governing body.
- e) Official times must be submitted to TAS: eugene.ong@triathlonsingapore.org

4.2 Note:

- This is the first time Triathlon had been included as an event at the Asian Youth Games.
- Qualifying Criteria set by SNOC – 6th placed timing at the Asian Youth Championships or equivalent preceding these Asian Youth Games (Not more than 3 years ago, i.e. 2022, 2021)
- Super Sprint Distance has a variation of distances – Swim 250m to 500m, Bike 5km to 8km, Run 1.5km to 3.5km
- The qualifying criteria for Bahrain 2025 is recommended by TAS using data from relevant races conducted in the Super Sprint distance, with Asian Youth competitors:
 - 2024 Asia Triathlon U15 Championships Hong Kong (375m Swim / 9km Bike / 2.5km Run) – Refer to Annex 1 for results)

4.3 Qualifying Criteria

(For A Cut, 6th placed timing at 2024 Asian Triathlon U15 Championships)

(For B Cut, 8th placed timing at 2024 Asian Triathlon U15 Championships, and 2 out of 3 target times)

(Note: U15 Championships same Age Group as AYG 2025. 8th placed timing is about 2% off 6th placed timing.)

a) Triathlon Individual

Triathlon	Distance	Men	Women
A Cut	375m Swim 9km Bike 2.5km Run	0:32:41	0:37:01
B Cut	375m Swim 9km Bike 2.5km Run	0:33:19	0:37:31
	375m Swim	0:05:06 to 0:05:42	0:05:55 to 0:06:11
	2.5km Run	0:08:39 to 0:09:27	0:10:15 to 0:10:39

- b) **Selection Criteria for Mixed team Relay: Team will be selected from athletes who have been selected for the Triathlon Individual events.**

4.4 Considerations:

- a) Automatic Qualification: Eligible athletes who had achieved the A Cut qualifying criteria set out in point 4.3 at any selection events within the qualifying window, automatically qualifies to be nominated.
- b) Discretionary Qualification: Eligible athletes who had achieved B Cut qualifying criteria set out in point 4.3 at any selection events within the qualifying window, will have their names submitted for nomination. (Note: All nominations submitted will still be subject to the discretion of SNOC to be accepted.)
- c) Pursuant to the Olympic Charter (By laws to Rules 27 and 28, paragraph 2.1), “Selection shall be based not only on the sports performance of an athlete, but also on his ability to serve as a an example to the sporting youth of his country”.

The following qualities of the athletes will also be assessed:

- Attitude and behavior towards coaches, teammates, fellow athletes, officials and sports administrators, whether in relation to sporting matters or otherwise
 - General conduct and character which may affect the reputation, image , values or best interests of the athlete or the sport
 - Past disciplinary record
 - Current Skill level and fitness, and character
 - Level of Commitment and attendance
 - Potential for future development
 - Ability to demonstrate team spirit and work well with team mates and officials
 - Such other non-performance related qualities as TAS may consider to be relevant
- d) After the assessment of qualities, and should there still be more than 1 athlete (for each gender) who had been assessed to have met the quality criteria, then the athletes fastest time will be used to determine which athlete gets the selection slots.

5. Commitment

5.1 Athletes are required to:

- i. Comply with the provisions of the TAS and SNOC athletes agreement at all times.
- ii. Make themselves available and participate in all activities designated by TAS and SNOC. This includes appearing at events and social media whereby their images and presence are required to achieve the objectives of TAS and SNOC
- iii. Not act in a manner as to bring SNOC, TAS or the athlete into public disrepute.
- iv. Provide a training plan, for at least a 6 months leading up to the Games. The plan should include full training load of at least 20 hours per week, training and competition targets towards peak performance at the Games, endorsed by TAS.
- v. Attend any team training, specific competitions and time trials as required by TAS, and wearing the team uniform as required.
- vi. Local based athletes must compete in all National Championships races and selection trials organized or sanctioned by TAS.
- vii. Understand all doping offence as defined in ADS and WADA’s Anti-Doping By-law, including the administering or usage of any prohibited substance.

- viii. Declare accurate whereabouts information as instructed by Anti-Doping Singapore (ADS), and agree to participate willingly in sample collections for Doping Tests conducted by ADS, pursuant to WADA's policies. A breach in this point would include the failure to accurately declare requested information, not cooperating with ADS officers or any violation in the Anti-Doping Rules and Tests.
- ix. Keep TAS updated on any changes to their health and fitness, or training plan. They are to immediately inform TAS of any illness or injury that could reasonably impact their ability to perform at Games, and more importantly, the impact on their overall health and well-being.

5.2 A breach in the above may result in an athlete being withdrawn from nomination/selection, remove from the Team and/or face disciplinary actions.

5.3 Athletes not being able fulfill their commitments should write in to eugene.ong@triathlonsingapore.org to state their reasons.

5.4 Exemption may be granted due to extenuating circumstances such as:

- Injury or illness
- Equipment Failure
- Travel delays
- Bereavement
- Such other circumstances as TAS may consider to be relevant.

TAS Appeal Process

Right of Appeal - An athlete who fails to be selected may appeal against the decision. The appeal shall be conducted as a process to inquire if the decision made had properly adhere to the process and criteria set out in the selection policy, and not as a re-selection process

Appeal Panel – The appeal panel shall consist of the following:

- (i) A Representative from TAS Board, with no known conflict of interest.
- (ii) An invited official from another organization, independent from TAS.
- (iii) An invited official from another NSA

Notice of Appeal – Within 24 hours after TAS announce the selected athletes for the Games, an athlete who wishes to appeal must put forth in writing to: eugene.ong@triathlonsingapore.org

Any appeals received after 24 hours will not be entertained.

The appeal must be accompanied by:

- A summary of all arguments and documentations that the athlete wishes to be considered in support of the appeal, and also evidences that will be relied upon in support of those arguments for the appeal.
- An appeal bond of SGD\$500. (via bank transfer to TAS's UEN S92SS0052C). Failure to receive payment will result in the appeal being null and void.

Hearing of the Appeal – The appellant will be advised on a date for the hearing as soon as necessary.

- The hearing will be conducted with as little formality and technicality.
- The hearing must observe the principles of natural justice.
- The parties to an appeal may be represented at a hearing but not by a barrister, solicitor or a legally trained person.

Results of hearing – The appeal panel may decide on the following:

- I. That there are irregularities in the selection process, and makes recommendation to the MC for a decision.
- II. That an unfair selection decision had been made by the selection panel, failing to abide by the required selection guidelines and/or selection criteria, and makes recommendation to the MC for a decision
- III. That there is no basis to the appeal and the decision of the selection panel be upheld

The final decision of the hearing will be made by the TAS MC, on the recommendation of the appeal panel, and announced no later than 24 hours after the hearing.

Regardless of the decision, the appeal panel may also stipulate that all or part of the appeal bond be refunded to the appellant.

Contact details

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Appendix A: Timeline

(released by SNOG on 4 March 2025)

1 April 2025	Long List Phase Start
1 June 2025	Nomination Phase Start
23 June 2025	Deadline for longlist and nominations (NSA)
23 July 2025	Selection Committee Meeting
24 July 2025	Appeal Process Starts
31 July 2025	Deadline for Appeal
7 August 2025	Appeal Committee Meeting
12 August 2025	Entry by Name Form Deadline (NSA)

Appendix B: 2024 Asia Triathlon U15 Championships Hong Kong

2024 Asia Triathlon U15 Championships Hong Kong – 13 Oct 2024 – Men (Top 8 NF)						
Position (NF)	Overall	375m Swim	T1	9km Bike	T2	2.5km Run
1 st – Ramazan Ainegov (KAZ)	0:31:10	0:05:09	0:01:39	0:15:08	0:01:12	0:08:00
2 nd – Woohyeon Kang (KOR)	0:31:35	0:05:15	0:01:41	0:15:01	0:01:07	0:08:29
3 rd – Ngai Chun Ting (HKG)	0:31:41	0:05:14	0:01:41	0:15:04	0:01:14	0:08:26
4 th – Wan Chak Yan (HKG)	0:31:51	0:05:09	0:01:42	0:15:07	0:01:11	0:08:40
5 th – Yong Min Wan (KOR)	0:32:23	0:05:03	0:01:46	0:15:09	0:01:23	0:09:00
6 th – Alham Murat (KAZ)	0:32:41	0:05:06	0:01:43	0:15:09	0:01:23	0:09:27

7th – Li Jie Huang (TPE)	0:33:12	0:05:32	0:01:12	0:16:14	0:01:17	0:08:56
8th – Peter Sancho Del Rosario (PHI)	0:33:19	0:05:42	0:01:11	0:16:27	0:01:17	0:08:39
9th – Wong Chun Hei (HKG)	0:33:26	0:05:34	0:01:46	0:16:03	0:01:19	0:08:42
10th – Euan Arrow Ramos (PHI)	0:33:27	0:05:40	0:01:16	0:16:25	0:01:17	0:08:47
11th – Thaninthorn Pornnarintip (THA)	0:33:37	0:05:23	0:01:15	0:16:03	0:01:33	0:09:22
12th – Wahyu Tri Utomo Sembiring (INA)	0:33:40	0:05:49	0:01:59	0:15:36	0:01:19	0:08:55
15th – Jun You Wong (MAS)	0:34:00	0:05:48	0:01:50	0:15:42	0:01:19	0:09:19
21st – Diego Dimayuga (PHI)	0:34:47	0:05:44	0:01:54	0:16:57	0:01:16	0:08:54
22nd – Johan Joey Marcelo (PHI)	0:34:47	0:06:15	0:01:22	0:16:59	0:01:18	0:08:51
25th – Daffa Anugrah Pratama (INA)	0:35:28	0:05:59	0:01:54	0:16:27	0:01:29	0:09:37

2024 Asia Triathlon U15 Championships Hong Kong – 13 Oct 2024 – Women (Top 8 NF)						
Position (NF)	Overall	375m Swim	T1	9km Bike	T2	2.5km Run
1st – Sarah Modiana (HKG)	0:34:22	0:05:43	0:01:11	0:17:26	0:01:16	0:08:43
2nd – Eunsoi Bae (KOR)	0:35:36	0:05:21	0:01:55	0:17:06	0:01:28	0:09:44
3rd – Aira Martha Ardistri (INA)	0:36:25	0:05:40	0:02:02	0:17:10	0:01:29	0:10:03
4th – Alua Nurmuhamet (KAZ)	0:36:26	0:06:02	0:01:53	0:16:53	0:01:34	0:10:02
5th – Seo Hee Moon (KOR)	0:36:44	0:06:06	0:01:52	0:16:53	0:01:20	0:10:31
6th – Kaleriya Shneider (KAZ)	0:37:01	0:05:55	0:01:57	0:16:57	0:01:31	0:10:39
7th – Wei Lo (TPE)	0:37:19	0:06:11	0:02:00	0:17:38	0:01:22	0:10:05
8th – Wong Lok Tung (HKG)	0:37:31	0:05:34	0:01:19	0:18:55	0:01:26	0:10:15
11th – Cristy Perez (PHI)	0:37:51	0:06:07	0:01:59	0:17:44	0:01:27	0:10:32
16th – Pitchanart Sripirom (THA)	0:38:48	0:05:51	0:01:15	0:19:02	0:01:32	0:11:06
17th – Ralina Artykkhodzhaeva (KGZ)	0:40:06	0:06:14	0:01:16	0:19:23	0:01:34	0:11:36
20th – Wichayaporn Sangsopit (THA)	0:40:59	0:06:44	0:02:03	0:18:35	0:01:49	0:11:47

Note: SEA Athletes highlighted in Red