



**TRIATHLON ASSOCIATION OF SINGAPORE**  
**ANNUAL REPORT FOR THE FINANCIAL YEAR ENDED 31 MARCH 2023**

**About Us**

Triathlon Association of Singapore (TAS) is the National Governing Body for the sport of Triathlon, Duathlon, Aquathlon and its related multi-sport in Singapore. We are a not-for-profit organisation registered with the Registry of Societies (ROS) on 10 September 1992, and gazetted as a National Sports Association for the Sport of Triathlon in Singapore.

**Our objectives** (as listed in our constitution) are:

- Promote, develop and increase participation for the sport of Triathlon in Singapore.
- Promote physical activity for health and wellness, foster community engagement and bonding for social inclusiveness and integration, and inspire the Singapore Spirit through the sport of Triathlon.
- To engage communities and provide Triathlon programs access to vulnerable segments of the community such as youth at risk and the less privileged.
- Unify, co-ordinate, sanction and organise Triathlon activities in Singapore, including national and international Triathlon tournaments and events.
- Raise the competitive standards of Triathlon athletes in Singapore for sustainable elite level performance at international competitions and multi-sport major games.
- To develop, select, support and manage Triathlon athletes at these international competitions and major games.
- Provide sport pathways and opportunities for the progression and advancement of Triathlon athletes, coaches and technical officials in Singapore.
- Raise the technical capability of Triathlon coaches and technical officials in Singapore.
- Develop and enforce rules and regulations, and coordinate technical information covering all aspects of Triathlon in Singapore
- To exercise complete jurisdiction of the sport of Triathlon in Singapore, over all matters pertaining to participation, including programs and events. This is to ensure safety, fair and evenness of the conduct of Triathlon in Singapore.
- Do all things complementary or incidental to attain the aforesaid objects above.

**Our Vision:**

To be an internationally acclaimed nation who makes multi-sports a lifestyle that leads to excellence.

**Our Mission:**

TAS strives to exercise fair and judicious supervision of multi-sports events among all and to promote multi-sports among all and achieve excellence for international recognition.

**Our Values & Mottos:**

4 Fs (Focus, Flexibility, Fore-Sight, Fast)

## **Overview of TAS**

### **Charity Status:**

- TAS was registered as a Charity under the Charities Act (Chapter 37) since 1 June 2011.
- Tas has been accorded IPC (Institution of a Public Character) status from 28 February 2023 to 27 February 2026

**Governing Instrument:** TAS Constitution – V2021

**Unique Entity Number (UEN):** Others - S92SS0052C

**Registered Address:** 3 Stadium Drive, Sport Singapore #01-33 Singapore 397630

**Auditor:** S B Tan Audit PAC

**Banker:** United Overseas Bank Limited

### **Funding:**

- TAS is financially supported by government annual grants from Sport Singapore.
- TAS supplement our operating expenses through fees collections from members, courses and events
- As a charity/IPC, we also accept donations from the public to support our objectives and programs.

### **Affiliations:**

Singapore National Olympic Council (SNOC)  
Association of Commonwealth Triathlon (ACT)  
South East Asia Triathlon Federation (SEATF)  
Asia Triathlon (AST)  
World Triathlon (TRI)

### **Honorary Life President / Advisor / Patron:**

<b>Name</b>	<b>Occupation</b>	<b>Date of Appointment</b>	<b>Past Appointments</b>
David Hoong (Kah Kuan)	Retiree	25 September 2020	President 2016 to 2020  Honorary Secretary 2006-2012, 2014-2016  Assistant Hon Secretary 2012-2014  Deputy President 2004-2006  MC Member 1996 - 2004

**Board Members (2022 AGM to 2024 AGM):**

<b>Designation / Date of Appointment</b>	<b>Name</b>	<b>Occupation</b>	<b>Past Designation</b>	<b>Conflict of Interest</b>
President 29 September 2023	Paul Rachmadi	Deputy CEO, Security & Risk Solutions Pte Ltd	President 2020-2022  Treasurer 2019-2020  Board Member 2018-2019	Parent of athlete, Nicholas Rachmadi
Deputy President 29 September 2023	Yu Kok Chew	Managing Director, YNY Design + Construction Pte Ltd	Treasurer 2020-2022  Board Member 2020	Parent of athlete, Herlene and Hillary Yu
Secretary General 29 September 2023	James Middleditch	Director, INSEAD	Deputy President 2020-2022  Board Member 2018-2020	Parent of athlete, Emma & Louisa Middleditch  Coach
Assistant Sec Gen 29 September 2023	Michelle Evelyn Chow	Associate Performance Psychologist, InPsychful LLP	Board Member 2020-2022	Coach  Technical Official
Treasurer 29 September 2023	Ivan Ng	Owner/CEO, NGarde Group	NIL	NIL
Assistant Treasurer 29 September 2023	Yvonne Teo	Vice President, Deutsche Bank Singapore	NIL	Singapore Women's Triathlon Club
Board Member 29 September 2023	Ahmad Arif Ibrahim	Teacher, MOE	Board Member 2020-2022	HPP athlete
Board Member 29 September 2023	Ben Khoo	Business Executive, Lazada SEA Pte Ltd	NIL	HPP Athlete
Board Member 29 September 2023	Chew Yi Heng	Design Engineer, Dyson Operations	NIL	TRIBAL Triathlon Club  Coach
Board Member (Appointed) – Chairman of Technical Committee	Peter Chua	Swimming Coach	Treasurer 2016-2018  Board Member 2014-2016 2010-2012	Technical Official  TRI Facilitator

### **Board Meetings and Attendance:**

During the financial year ending 31 March 2023:

- One AGM was conducted on 29 September 2022
- Two Board Meetings were conducted before AGM, Six Board Meetings were conducted after AGM

<b>Board (For office term 2020 to 2022)</b>	<b>8 June 2022 (MC)</b>	<b>6 Sept 2022 (Exco)</b>	<b>29 Sept 2022 (AGM)</b>
Paul Rachmadi - President	/	/	/
James Middleditch – Deputy President	/	/	/
Raymond Chong - Honorary Secretary	/	/	/
Denise Wong - Assistant Hon Sec	/	/	/
Yu Kok Chew - Honorary Treasurer	/	/	/
Ahmad Arif Ibrahim – MC Member			
Chang Shuwen – MC Member			/
Jenny Wee – MC Member (Co-Opt)	/		/
Michelle Evelyn Chow – MC Member (Co-Opt)	/		

<b>Board (For office term 2022 to 2024)</b>	<b>29 Sept 2022 (AGM)</b>	<b>10 Oct 2022</b>	<b>31 Oct 2022</b>	<b>28 Nov 2022</b>	<b>19 Dec 2022</b>	<b>30 Jan 2023</b>	<b>27 Feb 2023</b>	<b>27 Mar 2023</b>
Paul Rachmadi - President	/	/	/	/	/	/	/	/
Yu Kok Chew – Deputy President	/	/	/	/	/	/	/	/
James Middleditch – Secretary General	/	/	/	/	/	/	/	/
Michelle Evelyn Chow - Assistant Sec Gen		/	A	A	/	/	A	A
Ivan Ng - Treasurer		/	A	/	/	A	A	A
Yvonne Teo – Assistant Treasurer	/	/	/	/	A	/	/	/
Ahmad Arif Ibrahim – Board Member		/	/	/	A	/	/	/
Ben Khoo – Board Member		/	/	/	/	/	A	/
Chew Yi Heng – Board Member	/	/	/	A	A	A	A	/
Technical Committee Representative						/	/	/

### **Secretariat**

For the period, there are 2 full time and 3 contract staff employed by TAS.

<b>Name</b>	<b>Designation</b>	<b>Date of Appointment</b>
Eugene Ong	General Manager	From 1 August 2011  Assistant General Manager From 1 April 2011  Operations Executive From 2 January 2008
Omar Bakar	Sports Development Manager	From 1 November 2021  Sports Development Executive From 29 May 2017
Sherlyn Chow	Book Keeper (Contract for Service)	From 1 July 2010
Ong Tian Hua	IT Administrator (Contract for Service)	From 1 July 2022
Louisa Marie Middleditch	Digital Marketing (Contract for Service)	From 1 December 2022

## **REVIEW OF ACTIVITIES FOR FY2022 (1 APRIL 2022 TO 31 MARCH 2023)**

### **Membership**

Full Members – 8

Associate Members – 5

Individual Members - 101

Day-of-Race (DOR) Members – 4052

### **List of Affiliates**

<b>Name</b>	<b>Type</b>
Bike-Aid (Singapore)	Full Member
Yap Bicycle Compania	Full Member
National University Singapore – NUS Aquathlon	Full Member
Orange Room Pte Ltd	Full Member
Fishlike International Pte Ltd	Full Member
Tribal Triathlon International Pte Ltd	Full Member
Well Bred Triathlon	Full Member
Coached Pte Ltd	Full Member
Breakaway Triathlon Club	Associate Member – Triathlon Club
Metasports – Tribob.com Pte Ltd	Associate Member - Event Organiser, Triathlon Club
Terai Melayu SG	Associate Member – Triathlon Club
SMU Aquathlon	Associate Member – Triathlon Club
Singapore Women’s Triathlon Club	Associate Member - Triathlon Club

### **High Performance Program**

#### **National Squad**

<b>Name</b>	<b>DOB</b>	<b>Gender</b>	<b>Category</b>	<b>FY22 SpexCarding</b>
Bryce Chong	20/11/1997	Male	Elite	E3P
Nicholas Rachmadi	23/10/2001	Male	U23	E3
Luke Chua	24/10/2001	Male	U23	E3
Ahmad Arif Bin Ibrahim	20/09/1993	Male	Elite	E3
Lam Wai Kit	07/12/1989	Male	Elite / Du	E3P
Foo Gen Lin	16/04/1983	Male	Elite / Du	E3P
Samir Varma	06/06/2022	Male	Junior / U23	E3P
Tan Jiahao	12/06/2002	Male	Junior / U23	E3P
Emma Middleditch	07/05/2002	Female	Junior / U23	E3 (Withdrawn Dec 2022)
Herlene Yu	01/01/2002	Female	Junior / U23	E3

#### **National Development Squad**

<b>Name</b>	<b>DOB</b>	<b>Gender</b>	<b>Category</b>	<b>Remarks</b>
Lim Wan Ting	31/03/2006	Female	Junior	
Janel Susastra	09/08/2005	Female	Junior	
Louisa Middleditch	17/08/2000	Female	U23	
Regine Goh	25/02/2001	Female	U23	
Charlene Tang	22/02/1994	Female	Standard	
Yong Man Yun	29/05/1987	Female	Duathlon	
Rachel Hew Jia Yi	27/10/1997	Female	Duathlon	
Grace Su Xinhui	01/03/1991	Female	Duathlon	
Darine Choo	23/10/1998	Female	Duathlon	
Kathlyn Yeo	11/01/2000	Female	Aquathlon	
Hillary Yu	07/06/1997	Female	Aquathlon	
Neo Swee Hong	29/1/1990	Female	Aquathlon	
Shermaine Tung	10/11/1994	Female	Aquathlon	
Bernice Tan Yun Ru	16/11/2000	Female	Aquathlon	

Sean Patrick	13/09/2003	Male	Junior	
Danny Lim	24/12/1989	Male	Standard	
Aaron Lee	31/12/1997	Male	U23	
Cedric Chua	25/08/1998	Male	Standard	
Benjamin Khoo	09/05/1991	Male	Duathlon	
Chen Jiawei	09/09/2000	Male	Duathlon	
Aaron Kiss	07/10/2000	Male	U23	
Hoo Fang Yu	26/03/2000	Male	U23	
Keane Ko	26/7/2000	Male	Duathlon	
Joshua Li	08/02/1987	Male	Aquathlon	

#### Talent ID Squad

Name	DOB	Gender	Category	Remarks
Crispin Hu	26/04/2002	Male	U23	
Matthias Seah	06/11/2003	Male	U23	
Marc Ong	09/03/2000	Male	Duathlon	
Chan Liam	08/09/2000	Male	Aquathlon	
Jerron Chua	17/02/2004	Male	Aquathlon	
Nicholas Koh Sheng Kai	01/07/2006	Male	Junior	
Kyan Low	15/05/2008	Male	Youth	
Janel Susastra	09/08/2005	Female	Junior	
Ng Xuan Jie	26/7/2005	Female	Duathlon	

#### Local & Overseas Training and Competitions:

Date	Venue	Competition	Results
16 April 2022	Singapore	National Super Sprint Triathlon Selection 1 - 300m Swim, 6.3km Bike, 2.1km Run	<u>Men</u> Bryce Chong – 0:20:41 Ahmad Arif – 0:20:44 Nicholas Rachmadi – 0:21:20 Samir Varma – 0:21:39 Sean Patrick – 0:21:55 Cedric Chua – 0:22:12 Hoo Fang Yu – 0:24:26 Tan Jiahao – DNF
22 April 2022	Singapore	National Super Sprint Triathlon Selection 2 - 300m Swim, 6.3km Bike, 2.1km Run	<u>Men</u> Luke Chua – 0:21:10 Ahmad Arif – 0:21:30 Nicholas Rachmadi – 0:21:33 Cedric Chua – 0:21:53 Samir Varma – 0:22:00 Danny Lim – 0:22:00 Ben Khoo – 0:22:41 Sean Patrick – 0:23:12  <u>Women</u> Herlene Yu – 0:22:22 Louisa Middleditch – 0:23:24 Regine Goh – 0:24:28 Janel Susastra – 0:26:24
1 May 2022	Subic Bay	Asia Triathlon Cup	<u>Elite Men</u> Aaron Kiss – 30/38, 2:01:31

6-7 May 2022	Singapore	2022 Arena Games Triathlon Finals, powered by Zwift	<u>Elite Men</u> Bryce Chong – 0:28:13 Nicholas Rachmadi – 0:30:07 Ben Khoo – 0:31:19 Foo Gen Lin – 0:31:34  <u>Elite Women</u> Louisa Middleditch – 0:32:30
14 May 2022	Hanoi	2022 SEA Games	<u>Triathlon Men</u> Luke Chua – 7/14, 2:06:59 Nicholas Rachmadi – 8/14, 2:07:24  <u>Triathlon Women</u> Herlene Yu – 5/11, 2:20:12 Regine Goh – 9/11, 2:35:45
15 May 2022	Hanoi	2022 SEA Games	<u>Duathlon Men</u> Lam Wai Kit – 5/13, 1:58:07 Ahmad Arif – 8/13, 2:04:54  <u>Duathlon Women</u> Yong Man Yun – 6/11, 2:22:08
29 May 2022	Singapore	Metasprint Triathlon	<u>Men</u> Bryce Chong – 1:00:55 Ben Khoo – 1:01:28 Luke Chua – 1:01:35 Cedric Chua – 1:03:45 Foo Gen Lin – 1:04:38 Tan Jia Hao – 1:04:58 Hoo Fang Yu – 1:08:01 Ng Wei Quan – 1:10:36 Crispin Hu – 1:11:31 Dylan Ang – 1:13:05 Raphael Chau – 1:14:26 Sean Patrick – 1:19:45 Marc Ong – 1:20:17  <u>Women</u> Regine Goh – 1:12:47 Rachel Hew – 1:22:23 Janel Susastra – 1:22:47 Yong Man Yun – 1:24:11
4 June 2022	Sejong	Asia Sprint Triathlon Cup	<u>Elite Men</u> Bryce Chong – 41/51, 0:59:06 Aaron Kiss – 42/51, 1:00:48 Sean Patrick – DNF  <u>Elite Women</u> Janel Susastra – DNF
10 June 2022	Targu Mures	World Duathlon Championships	<u>20-24 Female AG</u> Louisa Middleditch – 1/3, 2:11:15

			<u>Elite Women</u> Yong Man Yun – 22 <sup>nd</sup> , 2:14:28
19 June 2022	Putrajaya	Dua Liga National Age Group Championships	<u>Men</u> Ben Khoo – 5/22, 1:58:28 Nicholas Rachmadi – 7/22, 1:59:50 Keane Ko – 8/22, 2:01:20 Chen Jiawei – 16/22, 2:14:00 Crispin Hu – 19/22, 2:22:23 Ng Wei Quan – 20/22, 2:26:01 Marc Ong – 2:31:12  <u>Women</u> Regine Goh – 8/10, 2:28:46 Darine Choo – 2:35:30 Rachel Hew – 2:35:34
25 June 2022	Montreal	World Triathlon Age Group Championships – Sprint	<u>20-24 Female AG Sprint</u> Louisa Middleditch – 3/31, 1:08:24
23 July 2022	Desaru	70.3 Desaru Coast & 5i50	<u>Men</u> Bryce Chong – 1 <sup>st</sup> , 1:06:30 Luke Chua – 2 <sup>nd</sup> , 1:06:39 Cedric Chua – 3 <sup>rd</sup> , 1:08:16 Tan Jia Hao – 4 <sup>th</sup> , 1:09:37 Hoo Fang Yu – 5 <sup>th</sup> , 1:13:16
25 June 2022	Tagudin	Tagudin Ilocos Triathlon Duathlon	<u>Duathlon Men</u> Keane Ko – 7 <sup>th</sup> , 2:08:38  <u>Triathlon Sprint Men</u> Sean Patrick – 6 <sup>th</sup> , 1:12:30 Dylan Ang – 1:17:05 Raphael Chau – 1:20:27  <u>Triathlon Sprint Women</u> Janel Susastra – 1:26:16  <u>Triathlon Standard Men</u> Nicholas Rachmadi – 4 <sup>th</sup> , 2:12:33 Crispin Hu – 9 <sup>th</sup> , 2:31:57
6 Aug 2022	Singapore	Trifactor Run-Swim-Run	<u>Men Sprint</u> Bryce Chong – 0:48:09 Nicholas Rachmadi – 0:48:57 Luke Chua – 0:49:29 Sean Patrick – 0:53:28  <u>Women Sprint</u> Kathlyn Yeo – 0:58:10 Shermaine Tung – 1:01:16  <u>Men Standard</u> Dylan Ang – 1:17:05 Raphael Chau – 1:20:27



			<u>Men Long</u> Joshua Li – 1:54:12
18 Aug 2022	Samorin	World Triathlon Aquathlon Age Group Championships	<u>20-24 Female AG</u> Louisa Middleditch – 1 <sup>st</sup> , 0:37:01
21 Aug 2022	Samorin	World Triathlon LD Age Group Championships	<u>20-24 Female AG</u> Louisa Middleditch – 1 <sup>st</sup> , 4:28:35
28 Aug 2022	Selangor	Selangor Duathlon	<u>Men</u> Lam Wai Kit – 0:59:07 Keane Ko – 1:01:20 Nicholas Rachmadi – 1:03:19 Sean Patrick – 1:06:34  <u>Women</u> Yong Man Yun – 1:09:14
4 Sept 2022	Singapore	Trifactor Triathlon National Sprint Championships	<u>Men</u> Luke Chua – 1:00:26 Bryce Chong – 1:00:28 Cedric Chua – 1:00:51 Ahmad Arif – 1:01:48 Nicholas Rachmadi – 1:02:11 Ben Khoo – 1:04:07 Lam Wai Kit – 1:04:24 Danny Lim – 1:05:19 Tan Jiahao – 1:05:23 Sean Patrick – 1:05:29 Hoo Fang Yu – 1:08:08 Aaron Lee – 1:10:12 Koh Sheng Kai – 1:11:50 Raphael Chau – 1:13:00  <u>Women</u> Janel Susastra – 1:15:45 Lim Wan Ting – 1:28:26
18 Sept 2022	Desaru	113 Desaru SEATA Series	<u>Men</u> Bryce Chong – 1:02:14 Cedric Chua – 1:02:43 Luke Chua – 1:03:07 Nicholas Rachmadi – 1:03:11 Ahmad Arif – 1:03:30 Ben Khoo – 1:06:36 Tan Jia Hao – 1:08:18 Foo Gen Lin – 1:09:54 Hoo Fang Yu – 1:12:26 Crispin Hu – 1:12:26 Dylan Ang – 1:15:00 Raphael Chau – 1:18:26 Matthias Seah – 1:19:32  <u>Women</u> Charlene Tang – 1:17:51 Lim Wan Ting – 1:21:04

			Janel Susastra – 1:24:36 Yong Man Yun – 1:25:11 Bernice Tan – 1:28:28
23 Sept 2022	Bilbao-Bizkaia	Europe Triathlon Aquathlon Championships	<u>20-24 Female AG</u> Kathlyn Yeo – 0:33:38
8 Oct 2022	Singapore	SMU Aquathlon 500m Swim, 2.5km Run	<u>Men</u> Luke Chua – 0:14:26 Cedric Chua – 0:14:43 Kyan Low – 0:15:36 Joshua Li – 0:15:50 Jerron Chua – 0:16:08 Sean Patrick – 0:16:15 Foo Gen Lin – 0:16:30 Dylan Ang – 0:17:00 Matthias Seah – 0:17:02 Koh Sheng Kai – 0:17:36 Hoo Fang Yu – 0:17:38  <u>Women</u> Lim Wan Ting – 0:17:04 Janel Susastra – 0:17:46 Ng Swee Hong – 0:18:13 Cheryl Sin Huiwen – 0:18:26 Bernice Tan – 0:19:46
16 October 2022	Alanya	Europe Triathlon Cup	<u>Elite Women</u> Louisa Middleditch – 42/46, 1:09:22
26 Nov 2022	Ipoh	Asia Triathlon Cup	<u>Elite Men</u> Bryce Chong – 27/51, 0:59:19 Luke Chua – 28/51, 0:59:30 Nicholas Rachmadi – 38/51, 1:03:46 Sean Patrick – 47/51, 1:07:03  <u>Elite Women</u> Herlene Yu – 16/32, 1:05:55 Louisa Middleditch – 22/32, 1:09:33  <u>Junior</u> Janel Susastra – 2 <sup>nd</sup> , 1:15:35  <u>Age Group</u> Matthias Seah – 1:11:43 Raphael Chau – 1:14:39
27 Nov 2022	Hong Kong	Asia Triathlon Youth Championships	<u>Youth Men</u> Koh Sheng Kai – 7/9, 0:36:27  <u>Youth Women</u> Lim Wan Ting – 4/4, 0:43:01  <u>U15 Men</u> Kyan Low – 11/16, 0:35:59

28 Nov to 1 Dec 2022	Tanjung Malim	AST-TRI Development Continental Camp	<u>Athletes</u> Janel Susastra Lim Wan Ting Matthias Seah Koh Sheng Kai  <u>Coaches</u> Chang Shuwen
4 Dec 2022	Clark	National Duathlon Championships	<u>Men</u> Ahmad Arif – 7 <sup>th</sup> , 0:59:04 Lam Wai Kit – 1:00:31 Keane Ko – 1:01:20 Nicholas Rachmadi – 1:01:30 Ben Khoo – 1:01:41 Danny Lim – 1:02:42 Cedric Chua – 1:04:07 Foo Gen Lin – 1:04:31 Hoo Fang Yu – 1:05:35 Chen Jiawei – 1:08:26 Marc Ong – 1:08:29 Ng Wei Quan – 1:09:02 Dylan Ang – 1:09:34  <u>Women</u> Louisa Middleditch – 2 <sup>nd</sup> , 1:07:10 Yong Man Yun – 6 <sup>th</sup> , 1:10:44 Rachel Hew – 8 <sup>th</sup> , 1:10:50 Su Xinhui – 1:16:29 Darine Choo – 1:17:16 Ong Yun Ting – 1:31:06  <u>Junior Women</u> Ng Xuan Jie – 4 <sup>th</sup> , 1:21:45
17 Dec 2022	Manama	Asia Triathlon Cup	<u>Elite Women</u> Louisa Middleditch – 21/24, 1:07:40
14 Jan 2023	Singapore	TF Lite – Aquathlon Selections 500m Swim, 2.5km Run	<u>Men</u> Bryce Chong – 0:14:57 Luke Chua – 0:14:57 Samir Varma – 0:15:16 Cedric Chua – 0:15:29 Danny Lim – 0:15:38 Kyan Low – 0:15:47 Nicholas Rachmadi – 0:15:50 Ben Khoo – 0:15:58 Koh Sheng Kai – 0:16:18 Jerron Chua – 0:16:52 Joshua Li – 0:16:55 Foo Gen Lin – 0:17:00 Kok Kiat Xuan – 0:17:19 Chan Liam – 0:17:31 Matthias Seah – 0:17:44 Marc Ong – 0:17:58 Dylan Ang – 0:18:28

			<p>Raphael Chau – 0:20:34</p> <p><u>Women</u>  Louisa Middleditch – 0:16:52  Kathlyn Yeo – 0:17:07  Lim Wan Ting – 0:17:14  Janel Susastra – 0:18:17  Hillary Yu – 0:19:03  Neo Swee Hong – 0:19:09  Shermaine Tung – 0:19:37  Rachel Hew – 0:20:23</p>
5 Feb 2023	Singapore	Metasprint Aquathlon	<p><u>Men</u>  Luke Chua – 1/350, 0:25:42  Ben Khoo – 3/350, 0:26:39  Nicholas Rachmadi – 4/350, 0:27:25  Joshua Li – 5/350, 0:27:44  Jerron Chua – 8/350, 0:29:03  Sean Patrick – 10/350, 0:29:03  Koh Sheng Kai – 13/350, 0:30:07  Matthias Seah – 21/350, 0:31:46  Dylan Ang – 22/350, 0:31:53</p> <p><u>Women</u>  Louisa Middleditch – 1/156, 0:29:13  Neo Swee Hong – 5/156, 0:33:25  Janel Susastra – 7/156, 0:33:32</p>
19 Feb 2023	Singapore	Metasprint Duathlon	<p><u>Men</u>  Ahmad Arif – 1/350, 0:55:05  Ben Khoo – 3/350, 0:55:45  Nicholas Rachmadi – 12/350, 0:59:40  Koh Sheng Kai – 1:00:57  Joshua Li – 1:01:15  Dylan Ang – 1:01:16  Marc Ong – 1:02:43  Chen Jiawei – 1:03:08  Matthias Seah – 1:05:58  Raphael Chau – 1:06:46</p> <p><u>Women</u>  Yong Man Yun – 1/123, 1:05:48  Su Xinhui – 5/123, 1:07:13  Rachel Hew – 8/123, 1:08:54  Ng Xuan Jie – 12/123, 1:10:11  Janel Susastra – 13/123, 1:10:28  Darine Choo – 20/123, 1:12:22  Ong Yun Ting – 1:17:39</p>
5 March 2023	Singapore	Metasprint Triathlon	<p><u>Men</u>  Luke Chua – 1:00:43  Ben Khoo – 1:01:36  Tey Yi Jun – 1:03:01  Nicholas Rachmadi – 1:04:05  Dylan Ang – 1:06:09  Joshua Li – 1:06:27</p>

			Koh Sheng Kai – 1:08:42 Liam Chan – 1:10:15 Raphael Chau – 1:11:09  <u>Women</u> Janel Susastra – 1:11:51 Lim Wan Ting – 1:15:58 Ng Xuan Jie – 1:24:22 Ong Yun Ting – 1:26:55
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### Sanctioned Events

<b>Name of Event</b>	<b>2022 Arena Games Triathlon Finals Singapore</b>
Date	6 & 7 May 2022
Venue	Marina Bay Sands
Statistics	<u>Total Participants – 13 Elite Women, 28 Elite Men</u>  <u>Technical Officials</u> Head Referee – Omar Bakar Technical Official – Tan Thong Hua Technical Official – Selinna Tsang Technical Official – Ng Siew Yee Technical Official – Steven Wong Technical Official – Wee Soo Jyn Technical Official – Denise Wong

<b>Name of Event</b>	<b>Metasprint Series 2022 – Triathlon</b>
Date	29 May 2022
Venue	East Coast Park
Statistics	<u>Total Participants – 1075 (294 Women, 781 Men)</u> Kids 8 to 11: 35 Girls, 58 Boys Youth 12 to 15: 24 Girls, 55 Boys Discovery 16 to 39: 28 Women, 23 Men Discovery 40+: 23 Women, 34 Men Sprint 16 to 24: 7 Women, 29 Men Sprint 25 to 39: 63 Women, 199 Men Sprint 40 to 59: 70 Women, 300 Men Sprint 60+: 3 Women, 25 Men Relay: 6 Women, 9 Men, 18 Mixed  <u>Finishers</u> Youngest Boy – Ben Bacon (23 Nov 2014) Youngest Girl – Maximilian Schilling (29 Nov 2014) Oldest Male – Hans Bock 13 July 1952 Oldest Female – Lee Sow fong, 06/02/1954  <u>Technical Officials</u> Technical Delegate – Emily Leong Chief Swim – Daniel Sng Assistant Swim – Tan Thong Hua Chief Transition – Selinna Tsang Assistant Transition – Jenny Wee Chief Bike – Nina Beth Hermoso

	Chief Run – Lek Chun Guan Assistant Run – Ng Siew Yee
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<b>Name of Event</b>	<b>Trifactor RunSwim 2022</b>
Date	6 August 2022
Venue	East Coast Park
Statistics	<p><u>Total Participants – 318 (91 Women, 227 Men)</u>  6-12: 8 Girls, 1 Boy  13-20: 4 Girls, 23 Boys  21-39: 50 Women, 91 Men  40-59: 28 Women, 106 Men  60+: 1 Women, 6 Men</p> <p><u>Technical Officials</u>  Technical Delegate – Jeff Lim  Assistant TD – Ahmad Muzz  Chief Swim – Steven Wong  Chief transition – Ang Jia Ming  Chief Run – Nina Beth Hermoso</p>

<b>Name of Event</b>	<b>Trifactor Triathlon 2022</b>
Date	4 September 2022
Venue	East Coast Park
Statistics	<p><u>Total Participants – 914 (217 Women, 697 Men)</u>  6-12: 22 Girls, 54 Boys  13-20: 9 Women, 22 Men  21-39: 62 Women, 211 Men  40-59: 89 Women, 300 Men  60+: 2 Women, 16 Men</p> <p>Relay: 33 Women, 94 Men</p> <p><u>Technical Officials</u>  Technical Delegate – Tan Thong Hua  Assistant TD – Selinna Tsang  Head Referee – Daniel Sng  Chief Swim – Emily Leong  Chief Bike – Leanne Tham  Chief Run – Ahmad Muzz  Chief Transition – Jenny Wee  Mount/Dismount – Devi Sambandan</p>

<b>Name of Event</b>	<b>SMU SwimRun Sprint 2022</b>
Date	8 October 2022
Venue	Sentosa Palawan Beach
Statistics	<p><u>Total Participants – 85 (25 Women, 60 Men)</u></p> <p><u>Crew</u>  Technical Officials:  Technical Delegate – Denise Wong  Assistant TD / Chief Transition – Emily Leong  Chief Swim – Selinna Tsang  Assistant Transition – Tan Soon Cheng</p>

	Chief Run – Richard Lane Assistant Run – Serene Lane Chief Manual Timing – Leow Jo Lene (MAS)
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<b>Name of Event</b>	<b>SUnig 2022</b>
Date	15 October 2022
Venue	East Coast Park NSRCC
Statistics	<u>Total Participants – 51 (17 Women, 34 Men)</u>  <u>Technical Officials</u> Technical Delegate – Peter Chua Assistant TD / Assistant Run – Leanne Tham Chief Swim – Tan Thong Hua Assistant Swim – Jenny Wee Chief Transition – Devi Sambandan Chief Run – Nina Beth Hermoso Chief Manual Timing – Xu Kewei

<b>Name of Event</b>	<b>Trifactor Lite 2023 – SEA Games Qualifier</b>
Date	14 January 2023
Venue	Sentosa Palawan Beach
Statistics	<u>Total Participants – 82 (23 Women, 59 Men)</u> 6-12: 1 Girl, 1 Boy 13-20: 4 Girls, 10 Boys 21-39: 11 Women, 28 Men 40-59: 7 Women, 18 Men 60+: 0 Women, 2 Men  <u>Technical Officials</u> Technical Delegate – Selinna Tsang Head Referee – Lek Chun Guan Technical Official – Jenny Wee Technical Official – Daniel Sng Technical Official - Ng Siew Yee Technical Official - Emily Leong Technical Official - Xu Kewei

<b>Name of Event</b>	<b>Metasprint Series 2023 – Aquathlon</b>
Date	5 February 2023
Venue	Sentosa Palawan Beach
Statistics	<u>Total Participants – 1051 (377 Women, 674 Men)</u> Kids 8 to 11: 46 Girls, 68 Boys Youth 12 to 15: 43 Girls, 45 Boys Discovery 16+: 51 Women, 51 Men Sprint 16 to 24: 24 Women, 35 Men Sprint 25 to 39: 81 Women, 166 Men Sprint 40 to 59: 98 Women, 256 Men Sprint 60+: 2 Women, 15 Men Relay: 2 Women, 4 Men, 8 Mixed Splash Dash – 20 Women, 22 Men  <u>Finishers</u> Youngest Boy (competitive) – Denis Tsyryuk (24 Dec 2015)

	<p>Youngest Boy (Splash Dash) – Joshua De Kloe Raine (29 March 2019)  Youngest Girl (Competitive)– Alice Dewey (10 Dec 2015)  Youngest Girl (Splash Dash) – Tessa Ng (8 July 2019)  Oldest Male – Hans Bock (13 July 1952)  Oldest Female – Margaret Wing (14 Feb 1960)</p> <p><u>Technical Officials</u>  Technical Delegate – Ng Siew Yee  Assistant TD – Xu Kewei  Team Mentor / Assistant Swim– Daniel Sng  Chief Swim – Selinna Tsang  Chief Transition – Teryn Tham  Chief Run – Lek Chun Guan</p>
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<b>Name of Event</b>	<b>Metasprint Series 2023 – Duathlon</b>
Date	19 February 2023
Venue	F1 Village
Statistics	<p><u>Total Participants – 990 (297 Women, 693 Men)</u>  Kids 8 to 11: 35 Girls, 69 Boys  Youth 12 to 15: 29 Girls, 44 Boys  Discovery 16+: 47 Women, 50 Men  Sprint 16 to 24: 11 Women, 22 Men  Sprint 25 to 39: 79 Women, 187 Men  Sprint 40 to 59: 70 Women, 250 Men  Sprint 60+: 0 Women, 18 Men  Relay: 3 Women, 15 Men, 8 Mixed  Splash Dash – 12 Women, 15 Men</p> <p><u>Finishers</u>  Youngest Boy (competitive) – Samarth Yarrapathi (14 Nov 2015)  Youngest Boy (Splash Dash) – Liu Anxing (12 Aug 2019)  Youngest Girl (Competitive)– Arya Bedat (28 Aug 2015)  Youngest Girl (Splash Dash) – Aurelie Ramillo (21 Oct 2019)  Oldest Male – Bhushan (Kogi) Oberoi (8 May 1942)  Oldest Female – Angeline Poon (12 Nov 1967)</p> <p><u>Technical Officials</u>  Technical Delegate / Assistant Bike – Leanne Tham  Assistant TD / Assistant Transition – Peter Chua  Chief Bike – Richard Lane  Chief Run – Xu Kewei  Assistant Run – Serene Lane  Chief Transition – Devi Sambandan</p>

<b>Name of Event</b>	<b>Metasprint Series 2023 – Triathlon</b>
Date	5 March 2023
Venue	East Coast Park
Statistics	<p><u>Total Participants – 1406 (430 Women, 976 Men)</u>  Kids 8 to 11: 46 Girls, 81 Boys  Youth 12 to 15: 32 Girls, 48 Boys  Discovery 16 to 39: 29 Women, 28 Men  Discovery 40+: 37 Women, 52 Men  Sprint 16 to 24: 9 Women, 22 Men  Sprint 25 to 39: 85 Women, 243 Men</p>



	<p>Sprint 40 to 59: 89 Women, 366 Men  Sprint 60+: 1 Women, 25 Men  Relay: 10 Women, 11 Men, 24 Mixed  Scootathlon: 37 Girls, 42 Boys</p> <p><u>Finishers</u>  Youngest Boy – Marcus Allard (25 Oct 2015)  Youngest Boy (Scoot) – Liu Anxing (12 Aug 2019)  Youngest Girl – Martha Harvard-Walls (24 Oct 2015)  Youngest Girl (Scoot) – Lily Mangan (13 Oct 2019)  Oldest Male – Peter Ng Ngiap Kui, 30 March 1951, Hans Bock 13 July 1952, Robert Powell (27 Aug 1942)  Oldest Female – Pamela Williams (7 Dec 1952)</p> <p><u>Technical Officials</u>  Technical Delegate – Emily Leong  Assistant TD – Wee Soo Jin  Team Mentor / Assistant Run – Peter Chua  Chief Swim – Ahmad Muzz  Assistant Swim – Serene Lane  Chief Bike – Xu Kewei  Assistant Bike – Richard Lane  Chief Run – Ng Siew Yee  Chief Transition – Selinna Tsang</p>
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### **Capability Development (Technical Officials)**

#### TO Education Programs:

The current framework had been drawn up by World Triathlon:

By National Federation - NF Community Level 1, NF Community Level 2, NF TO Level 1

By TRI – TRI TO Level 1 (NTO), TRI TO Level 2 (CTO), TRI TO Level 3 (ITO)

Technical Officials	Female	Male	Total
CL1	18	23	41
CL2	14	32	46
NTO	6	13	19
CTO	2	6	8
ITO	0	2	2

TRI TO Certification	Name	Gender	Valid to	Note
ITO – Level 3	Peter Chua Wee Leng	Male	2026	
	David Hoong Kah Kuan	Male	Honorary	
CTO – Level 2	Daniel Sng Peng Yeow	Male	2023	Need to revalidate in 2023
	Steven Wong Teck Cheong	Male	2023	Need to revalidate in 2023
	Jeff Lim Si Lin	Male	2024	
	Jimmy Phung	Male	2024	
	Edwin Shi Dalun	Male	2024	
	Tan Thong Hua	Male	2024	Eligible for e-seminar
	Denise Wong Ming Ying	Female	2024	
	Ong Si Ying	Female	2025	
NTO – Level 1	Ang Jia Ming	Male	2023	Need to revalidate in 2023
	Chan Bin Chuan	Male	2023	Need to revalidate in 2023
	Ahmad Muzzamir Ismail	Male	2023	Need to revalidate in 2023

	Melvin Lau Boon Yang	Male	2023	Need to revalidate in 2023
	Jonathan Lim	Male	2023	Need to revalidate in 2023
	Lin Guo Sheng	Male	2023	Need to revalidate in 2023
	Xu Kewei	Male	2023	Need to revalidate in 2023
	Brian Selby	Male	2023	Need to revalidate in 2023
	KB Ryan Joshua Mahindapala	Male	2024	
	Eugene Ong	Male	2025	
	Lek Chun Guan	Male	2026	
	Wee Soo Jin	Male	2026	
	Omar Abu Bakar	Male	2026	
	Cecilia Monis Calixto	Female	2023	Need to revalidate in 2023
	Ng Siew Yee	Female	2023	Need to revalidate in 2023, Eligible for Level 2 Seminar
	Devi Sambandan	Female	2023	Need to revalidate in 2023
	Leanne Tham	Female	2023	Need to revalidate in 2023
	Selinna Tsang	Female	2024	Eligible for E-Seminar
	Emily Leong	Female	2026	Eligible for Level 2 Seminar

#### TRI Facilitators (TO): 2

2 of our Technical Officials were TRI certified facilitators, qualified to conduct and facilitate TRI courses, training participants to be future Technical Officials.

Facilitator	Peter Chua Wee Leng	Male
Facilitator	Omar Abu Bakar	Male

#### TRI Technical Officials Courses (Facilitators):

The following TRI Facilitators from Singapore were assigned to conduct and facilitate in the following:

Course	Date	Facilitators
2022 Hanoi World Triathlon Technical Officials Level 1 Course	10-11 May 2022	Omar Bakar

#### TAS Technical Officials Courses:

TAS did not conduct any courses in the financial year

#### TRI Technical Officials Courses (Participations)

The following TOs from Singapore were selected by TRI to further enhanced their officiating capabilities:

Course	Date	Name of TO	Status
World Triathlon Technical Officials Level 3 Seminar	31 Aug to 4 Sept 2022	Peter Chua	Pass

#### Technical Officials Assignment for Major Games:

TRI selected the following Technical Officials from Singapore to officiate in the following Major Games:

Games	Date	Name
2022 Commonwealth Games, Birmingham	29-31 July 2022	Denise Wong Tan Thong Hua
31 <sup>st</sup> SEA Games Hanoi	14-15 May 2022	Omar Bakar Emily Leong Leanne Tham Selinna Tsang Ng Siew Yee Tan Thong Hua Lek Chun Guan Ryan Joshua Mahindapala

### **Capability Development (Coaching)**

As of 31 March 2023, there are:

<b>Coaches</b>	<b>Female</b>	<b>Male</b>	<b>Total</b>
NROC Provisional	0	6	6
NROC	9	28	37
WT Level 1	1	3	4
WT Level 2	0	3	3

<b>TRI TO Certification</b>	<b>Name</b>	<b>Gender</b>	<b>Course Year</b>	<b>Valid To</b>	<b>Note</b>
Level 2	Eugene Lee	Male	2016	2024	
	Chan Chee Ming	Male	2017	2025	
	Christian Stauffer	Male	2017	2025	
Level 1	Chang Shuwen	Female	2018	2026	Eligible for Level 2 in 2023
	James Middleditch	Male	2022	2026	
	Mohamed Masri	Male	2022	2026	
	Chew Yi Heng	Male	2022	2026	

#### **TAS Coaching Courses:**

TAS did not manage to conduct any courses for the FY, as we're still in the process of getting the SG-Coach Level 1 integrated courses syllabus and curriculum endorse by CoachSG to be recognised under the NROC.

#### **TRI Coaching Courses (Participants):**

The following coaches from Singapore were selected by TRI to further enhanced their coaching capabilities:

<b>Course</b>	<b>Date</b>	<b>Coach</b>	<b>Status</b>
2022 Putrajaya World Triathlon Level 1 Seminar	27/11/2022 to 11/12/2022	Chew Yi Heng	Pass
		James Middleditch	Pass
		Mohamed Masri	Pass

### **Sports Development Programs (Community):**

#### **SportCares-Li Foundation Multisport Programmes**

<b>Date</b>	<b>Program</b>	<b>Training Venue</b>	<b>Coaches</b>
May to Dec 2022 (Fridays)	Muhammadiyah Welfare Home	Muhammadiyah Welfare Home	Muhammad Dzulkifly Kok Kiat Xuan
April to Oct 2022 (Thursdays)	Northlight School	Northlight School	Chang Shuwen Danny Lee
April to Nov 2022 (Fridays)	PPIS Student Care Centre	100Plus Promenade, Sports Hub	Muhammad Dzulkifly Kok Kiat Xuan
July to Dec 2022 (Sundays)	Darul Ilshan Orphanage for Girls	100Plus Promenade, Sports Hub	Wu Wei Xin
May 2022 (Wednesdays)	Brighton Connection Student Care Center (Macpherson)	Brighton Connection (Macpherson)	Muhammad Dzulkifly

## SportCares Duathlon 2022

Date: 3 June 2022

Venue: Singapore Sports Hub – 100Plus promenade & OCBC Square

Number of Participants – 285

Coaches and Youth Instructors – 16

Conducted over 8 sessions, participants participated in a 1 hour clinic followed by a fun Duathlon (800m Run-1600m Bike – 800m Run)

Group	Organisation	Number of participants
A	Northlight School	30
B	PPIS Student Care Centre (Bedok)	50
C	PPIS Student Care Centre (Jurong)	50
D	Darul Ihsan Orphanage Home for Girls	30
E	Brighton Connection Student Care Centre	50
F	MIJ Hub	15
G	Muhammadiyah Welfare Home	30
H	Darul Ihsan Orphanage Home for Boys	30

### Sponsors

The Association greatly appreciate the following sponsors:

Name	Sponsorship
Purpose Performance Wear Pte Ltd	Competition Attire and Apparels for SEA Games Squad

### Conflict of Interest Policy

All Board members and staff are required to comply with TAS Conflict of Interest Policy. The policy states that all staff and Board members shall declare in writing the nature and extent of any relationship, arrangement, contract or agreement, which may result in a conflict of interest, real or perceived.

The declaration is to be made, signed and file annually during the start of Financial Year or at AGM. At any point of time there is any addition or deletion in the information declared, a supplementary declaration describing such change should be made and file as soon as reasonably possible.

Any staff and Board members shall abstain and not participate in any discussion, decision making or voting on matters where they have a conflict of interest, declared either in writing or orally.

### Disclosure of Remuneration received by Board Members

No Board Members were remunerated for their Board services in the financial year.

Allowances / Fees were only paid to them for their services in a non-board capacity either as a Coach, Facilitator, Technical Official or in specialised job roles.

### Disclosure of Annual Remuneration of Employees

Salary range more than \$100,000	0
Salary range below \$100,000	2

### Disclosure of employees who are close members of the family of GM or Board Members

No employee are close members of the family of GM or Board Members

**Review of the Audited Financial Statements and Other Financial Information**  
**(Financial year ending 31 March 2023)**

The Financial Statements for the year ending 31 March 2023 was audited by **S B Tan Audit PAC**, and had given the opinion that financial statements are properly drawn up in accordance with the provisions of the Societies Act, the Charities Act and Financial Reporting Standards in Singapore, so as to give a true and fair view of the financial position of the Association as at 31 March 2023 and of the financial performance, changes in funds and cash flows of the Association for the year ended on that date.

(For more information, please refer to Audited Financial Statements for financial year ending 31 March 2023)

**Review**

For the financial year ending 31 March 2023,

Total Income: \$ 593,937

Total Expenditure: \$ 642,389

Surplus for financial year: \$ (48,452)

Below is a summary of our financial activities for the year ending 31 March 2023

<b>Receipts</b>	
Tax Deductible Donations	\$ 159,504
Non Tax Deductible Donations	\$ 23,126
SportSG	\$ 211,382
OTSF	\$ 75,155
Event Income	\$ 89,042
Programme Fees	\$ 35,122
Other Income	\$ 0

<b>Expenses</b>	
Fund-Raising expenses	\$ 0
Administrative expenses	\$ 244,540
Development Fee	\$ 19,788
Direct Athletes Grant	\$ 21,600
HPE Sports System	\$ 79,629
Local Competition	\$ 128,740
Overseas Competition	\$ 146,604

<b>Financial Position</b>	
Land and Buildings	\$ 0
Property, plant and Equipment	\$ 1,398
Others – Intangible Assets	\$ 1034
Investments	\$ 0
Inventories	\$ 0
Trade and other Receivables	\$ 46,480
Prepayment	\$ 12,561
Cash & Deposits	\$183,414

<b>Liabilities</b>	
Trade and other payables	\$ 123,365
Total Non-Current Liabilities	\$ 0

**Donations**

The association collected a total of \$ 183,236 in donations. All donations are collected in relation to High Performance purpose, to support and fund our High performance Program. All donations received are eligible for One-Team Singapore Fund (OTSF) application.

We appreciate the support from the following donors:

<b>Name</b>	<b>Amount</b>
Erh Jia jie	\$ 44,900
James Middleditch	\$ 42,623
Yu Kok Chew	\$ 17,000
Paul Rachmadi	\$ 15,000
YNY Design, Raymond Chong, Conservation Capital	\$ 10,000
Kan Pui Yoke	\$ 4,179
Charis Chua	\$ 2,786
Leonard Ng	\$ 2,640
Aaron Kiss	\$ 2,460
Keane Ko	\$ 2,194.50
Seah Yong Aik	\$ 1,382
Chua Cheng Hao	\$ 1,289
Ben Khoo	\$ 1,212.50
Lee Mui Hon, Annie Wang	\$ 1,172
Patrick Elangovan	\$ 1,147
Hoo Fang Yu	\$ 994
Shee Tian Yee	\$ 966
Dylan Ang	\$ 953.50
Lam Wai Kit, Ahmad Arif, Foo Gen Lin, Ng Wei Quan	\$ 870.50
Chen Jiawei, Marc Ong, Yong Man Yun, Rachel Hew, Darine Choo, Ong Yun Ting	\$ 843.50
Chang Shuwen	\$ 655
Lyndon Yeo	\$ 600
Irene Magdalene	\$ 355
Cedric Chua	\$ 312
Danny Lim	\$ 189
Charlotte Chen	\$ 100

We also collected a total of \$200 in donations via giving.sg

#### Reserves Position

	<b>Current Year</b>	<b>Previous Year</b>	<b>2021</b>
<b>Unrestricted Funds (Reserves)</b>	(19,960)	75,605	56,100
Restricted Funds			
- Building Fund	-	-	-
- Education Fund	-	-	-
- Others	141,482	94,369	67,101
Endowment Funds	-	-	-
<b>Total Funds</b>	<b>121,522</b>	<b>169,974</b>	<b>123,201</b>
<b>Ratio of Reserves to Annual Operating Expenditure</b>	<b>(0.05)</b>	<b>0.24</b>	<b>0.14</b>

For the financial year ending 31 March 2023, we had a total funds (Restricted + unrestricted) of \$ 121,522. There was a deficit in the unrestricted funds, as we had invested more in local events and competition and overseas training and competition. This was done to create more opportunities for athletes preparing for SEA Games, Asian Games, Commonwealth Youth Games in 2023.

Our immediate objective is to raise more funds through events and programs to address the deficit, continue building up our reserves, with a goal to achieve reserves of at least the equivalent of one year of operating expenditure, which includes rental, office operations and staff salary, within the next 5 years.

This is to provide financial stability, and sustainability for the conduct of our principle activities. TAS will also review its work plan every year to determine a sustainable budget for our operations and principle activities.

## **Future Plans**

TAS focus over the next 4 years, will be on:

1. Strengthening our governance and building a professionally run NSA that will be seen as the leaders of Triathlon in Singapore
2. Raise funds to build our reserves, with the objectives of a healthy sustainability index with reserve ratio of 25%.
3. Community engagement to align directions and increase affiliations (by 20% yearly).
4. Community Development with a focus on Youth-at-Risks, Tertiaries, Universities, Kids and Women
5. Establish centres of excellence
6. Develop a robust events calendar with increase opportunities for the masses to try Triathlon
7. Medals at SEA Games, qualification for all other Major Games, Participation with improving standards at Asian Cup and Championships races. (With the Support of SSI and SNOG)

## **Our Wishlist**

- Collaboration with ActiveSG to establish Triathlon Academies lead by NROC coaches, and getting involve / sanctioning of all Triathlon related events supported or organised by ActiveSG.
- Sanctioning of all Triathlon related events in Singapore by private Event organisers, to establish a safe and conducive environment for our stakeholders to enjoy our sport.
- National Age Group Championships for Triathlon, Duathlon and Aquathlon
- National Club Championships with the participation of at least 20 clubs or more
- Collaborations with Clubs and Universities to deliver programs and events.
- A mass participation Women and Kids only Triathlon related event
- A Corporate Triathlon event for networking
- A Marquee Triathlon festival organised/hosted by Triathlon Singapore, to drive our profile and attract investments for the NSA.
- A high profile Triathlon Event sanctioned by World Triathlon in Singapore, creating opportunities for our HPP Athletes, and community engagements with our participants

## **The Year Ahead**

### **Key Focus:**

- Increase capabilities in fundraising to sustain our operations and build our reserves
- Regular review of the MYSP plan to re-strategize where necessary.
- Enhance our capabilities in Coaching development and developing coaches.
- Capability Development: Explore more opportunities for development of coaches and technical officials
- Enhance partnership with SportSG, Sports Hub, PA, Sports School

### **Fundraising Plan:**

- A fundraising event to drive donations towards OTSF, whilst giving to a strategic cause or foundation in collaboration with TAS
- Enhanced Funding model to drive donations and OTSF – overseas training and competitions, enhancing the environment for HPP athletes
- Donations and campaigns through giving.sg

### **Community outreach programs:**

1. TRI-OUT programmes (Triathlon Academies)
  - Possible collaboration with clubs, Sports Hub, ActiveSG
  - For AG of any ages.
  - 11 weekly sessions, culminating into a mini duathlon/Aquathlon race
2. Youth Aquathlon League
  - Launch of a league and point system for Youths 9 to 16 years old.
  - Aquathlon and short distance
  - Collaboration and partnerships with MOE schools and International Schools

- to establish a marquee event as the Grand Final for the Youth Aquathlon League, where all the schools will come together for a multisport festival and race.

### 3. Women's Program and Tri-Ladies Event

- Possible partnership with Sports Hub, OCBC Aquatic Centre
- A women only swim-run event, with a series of clinics to prepare participants for their first race.

### 5. Inter Tertiary Program - Training Camp, Races

- To be used for talent identification of athletes into our HPP program
- For networking between Tertiaries and Universities, and for athletes to have opportunities of access to TRI Coaches and Races

### **Governance Evaluation Checklist for the Financial Year ended 31 March 2023**

IPC Size: Gross annual receipts or total expenditure of between \$500,000 to \$10 million

Tiered Guidelines to comply: Intermediate

TAS will be submitting the online evaluation checklist at the Charity Portal no later than 31 September 2023.

**Prepare by: Eugene Ong (General Manager, Triathlon Singapore)**

**Vetted / Approved by: TAS Board**