



Selection Policy:

Competition	2023 Commonwealth Youth Games – Trinidad and Tobago
Qualifying Window:	1 November 2022 to 30 April 2023

Date	Version	By	Remarks
1 Nov 2022	1	Eugene Ong	Created
10 Feb 2023	1.1	Eugene Ong	Updated
22 March 2023	1.2	Eugene Ong	Amendment made after evaluation from NYSI

1. Introduction

1.1 The Trinbago 2023 Commonwealth Youth Games will be hosted in Trinidad and Tobago from 4 to 11 August 2023.

1.2 For the sport of Triathlon, there will be 3 events:

Events	Dates	Quota	Distance*
Triathlon Individual (Men)	6 Aug 2023	1 Men	Super Sprint
Triathlon Individual (Women)	6 Aug 2023	1 Women	Super Sprint
Triathlon (Mixed Relay)	8 Aug 2023	1 Men and 1 Women	Super Sprint x 4

*The exact swim, bike, run distance is not known yet.

1.3 This policy set out the process and criteria for selection of athletes to represent Singapore at the Trinbago 2023 Commonwealth Youth Games

1.4 This policy may be amended at any time if Triathlon Singapore (TAS) is of the opinion that such an amendment is necessary. TAS will publish this policy (and any amendments) on TAS website at (www.triathlonsingapore.org).

2. Eligibility

2.1 To be considered for selection, an athlete must meet all the following eligibility criteria:

- a) Singapore Citizen
- b) Between 15 to 17 years of age (born in 2006, 2007 and 2008)
- c) At least 16 years of age as of 31 December 2023
- d) Be a registered member of TAS, and in good standing
- e) Signed current TAS athlete agreement
- f) Draft Legal Endorsed, or had raced in a WT draft legal race in the last 12 months.
- g) Valid Pre-Participation Examination

3. Selection Panel

3.1 The selection panel will consist of the following:

- a) General Manager TAS (Chair) – Eugene Ong

- b) TAS Board Representative – Paul Rachmadi
- c) TAS High Performance Committee Representative – James Middleditch
- d) Technical Official Representative – Peter Chua
- e) Independent Member – Yvonne Teo

3.2 The selection panel shall decide on the athletes to be selected in accordance to the process as set out in this policy.

3.3 The Singapore National Olympic Council (SNOC) is the governing body which sets the qualifying standards and criteria, selects the athletes for the Games, and considers any appeal cases which TAS may submit. Final decision for participation at the Games will be at the sole discretion of SNOC Selection Committee

4. Process

4.1 Selection events:

- a) Any races organized or sanctioned by TAS
- b) Any races sanctioned by World Triathlon or approved National Federations.
- c) Any time trials conducted by TAS
- d) Any time trials or races (Swim, Bike, Run) sanctioned by the appropriate governing body.
- e) Official times must be submitted to TAS: eugene.ong@triathlonsingapore.org

4.2 Note:

- Qualifying Criteria set by SNOC – 6th placed timing at the 2017 Commonwealth Youth Games in Bahamas.
- This is the first time Triathlon had been included as an event at the Commonwealth Youth Games.
- Super Sprint Distance has a variation of distances – Swim 250m to 500m, Bike 5km to 8km, Run 1.5km to 3.5km
- The qualifying criteria for Trinbago 2023 is recommended by TAS using data from relevant races conducted in the Super Sprint distance, with commonwealth competitors and/or youth athletes:
 - 2022 Commonwealth Games Mixed Relay (300m Swim / 5km Bike / 2km Run)
 - 2018 Youth Olympic Games Mixed Relay (300m Swim / 6km Bike / 2km Run)
 - 2018 Asian Games Mixed Relay (300m Swim / 6km Bike / 2km Run)

4.3 Qualifying Criteria (YOG 6th placed, commonwealth athletes):

Triathlon	Distance	Men	Women
A Cut	300m Swim 6km Bike 2km Run	0:23:26	0:26:21
Target Times	300m Swim 6km Bike 2km Run	0:23:54	0:26:52
	300m Swim	0:03:48 to 0:04:43	0:04:02 to 0:04:51
	2km Run	0:05:53 to 0:07:15	0:06:35 to 0:08:15

4.4 Considerations:

- a) Eligible athletes who had achieved the A Cut qualifying criteria and/or Target times set out in point 4.2 at any selection events within the qualifying window, automatically qualifies to be nominated.
- b) All Nominations will be subject to the discretion of SNOC to be accepted, given that there is a quota of only 12 athletes allocated for each commonwealth NOC.
- c) Should there be more than 2 athletes who had their nominations accepted by SNOC, the athletes will be assessed again on the qualities as set out in point e).
- d) Pursuant to the Olympic Charter (By laws to Rules 27 and 28, paragraph 2.1), “Selection shall be based not only on the sports performance of an athlete, but also on his ability to serve as a an example to the sporting youth of his country”.

The following qualities of the athletes will also be assessed:

- Attitude and behavior towards coaches, teammates, fellow athletes, officials and sports administrators, whether in relation to sporting matters or otherwise
 - General conduct and character which may affect the reputation, image , values or best interests of the athlete or the sport
 - Past disciplinary record
 - Current Skill level and fitness, and character
 - Level of Commitment and attendance
 - Potential for future development
 - Ability to demonstrate team spirit and work well with team mates and officials
 - Such other non-performance related qualities as TAS may consider to be relevant
- e) After the assessment of qualities, and should there still be more than 2 athletes who had been assessed to have met the quality criteria, then the athletes fastest time will be used to determine which athlete gets the selection slots.

5. Commitment

5.1 Athletes are required to:

- i. Comply with the provisions of the TAS and SNOC athletes agreement at all times.
- ii. Make themselves available and participate in all activities designated by TAS and SNOC. This includes appearing at events and social media whereby their images and presence are required to achieve the objectives of TAS and SNOC
- iii. Not act in a manner as to bring SNOC, TAS or the athlete into public disrepute.
- iv. Provide a training plan, for at least a 6 months leading up to the Games. The plan should include full training load of at least 20 hours per week, training and competition targets towards peak performance at the Games, endorsed by TAS.
- v. Attend any team training, specific competitions and time trials as required by TAS, and wearing the team uniform as required.
- vi. Local based athletes must compete in all National Championships races and selection trials organized or sanctioned by TAS.
- vii. Understand all doping offence as defined in ADS and WADA’s Anti-Doping By-law, including the administering or usage of any prohibited substance.

- viii. Declare accurate whereabouts information as instructed by Anti-Doping Singapore (ADS), and agree to participate willingly in sample collections for Doping Tests conducted by ADS, pursuant to WADA's policies. A breach in this point would include the failure to accurately declare requested information, not cooperating with ADS officers or any violation in the Anti-Doping Rules and Tests.
- ix. Keep TAS updated on any changes to their health and fitness, or training plan. They are to immediately inform TAS of any illness or injury that could reasonably impact their ability to perform at Games, and more importantly, the impact on their overall health and well-being.

5.2 A breach in the above may result in an athlete being withdrawn from nomination/selection, remove from the Team and/or face disciplinary actions.

5.3 Athletes not being able fulfill their commitments should write in to eugene.ong@triathlonsingapore.org to state their reasons.

5.4 Exemption may be granted due to extenuating circumstances such as:

- Injury or illness
- Equipment Failure
- Travel delays
- Bereavement
- Such other circumstances as TAS may consider to be relevant.

TAS Appeal Process

Right of Appeal - An athlete who fails to be selected may appeal against the decision. The appeal shall be conducted as a process to inquire if the decision made had properly adhere to the process and criteria set out in the selection policy, and not as a re-selection process

Appeal Panel – The appeal panel shall consist of the following:

- (i) A Representative from TAS MC, with no known conflict of interest.
- (ii) An invited official from another organization, independent from TAS.
- (iii) An invited official from another NSA

Notice of Appeal – Within 24 hours after TAS announce the selected athletes for the Games, an athlete who wishes to appeal must put forth in writing to: eugene.ong@triathlonsingapore.org

Any appeals received after 24 hours will not be entertained.

The appeal must be accompanied by:

- A summary of all arguments and documentations that the athlete wishes to be considered in support of the appeal, and also evidences that will be relied upon in support of those arguments for the appeal.
- An appeal bond of SGD\$500. (via bank transfer to TAS's UEN S92SS0052C). Failure to receive payment will result in the appeal being null and void.

Hearing of the Appeal – The appellant will be advised on a date for the hearing as soon as necessary.

- The hearing will be conducted with as little formality and technicality.
- The hearing must observe the principles of natural justice.
- The parties to an appeal may be represented at a hearing but not by a barrister, solicitor or a legally trained person.

Results of hearing – The appeal panel may decide on the following:

- I. That there are irregularities in the selection process, and makes recommendation to the MC for a decision.
- II. That an unfair selection decision had been made by the selection panel, failing to abide by the required selection guidelines and/or selection criteria, and makes recommendation to the MC for a decision
- III. That there is no basis to the appeal and the decision of the selection panel be upheld

The final decision of the hearing will be made by the TAS MC, on the recommendation of the appeal panel, and announced no later than 24 hours after the hearing.

Regardless of the decision, the appeal panel may also stipulate that all or part of the appeal bond be refunded to the appellant.

Contact details

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Appendix A: Timeline

4 Feb 2023	Longlist and Nomination start
30 April 2023	Deadline for nomination and longlist
30 May 2023	Selection Committee meeting
9 June 2023	Sports Entry by Name Deadline
13 to 15 July 2023	Attire distribution
21 July 2023	Team Singapore Flag Presentation
4 August 2023	Opening Ceremony