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# AGM 2022



**TRIATHLON  
SINGAPORE**

**GOVERNING BOARD MEMBERS  
( NOMINATION CANDIDATES )**

# NOMINATION CANDIDATE

## Mr. Paul Rachmadi

**Age: 51**

**Occupation: Deputy CEO, Security & Risk Solutions Pte Ltd**

**Experience:**

**Triathlon Singapore's Board Member Since 2018**

**- 2019 to 2020: Treasurer**

**- 2020 to 2022: President, Chairman Governance Committee**

**Conflict of Interest:**

**Parent of Athlete, Nicholas Rachmadi**



# NOMINATION CANDIDATE

## Mr. James Middleditch

**Age: 52**

**Occupation: Director, INSEAD**

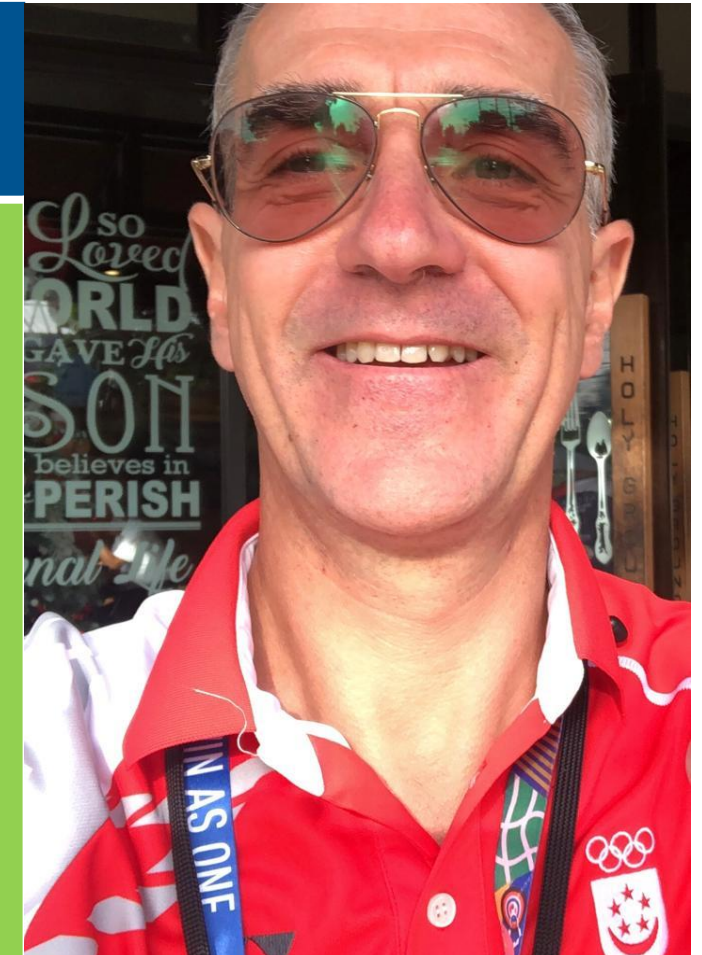
**Experience:**

**Triathlon Singapore's Board Member Since 2018**

- **2020 to 2022: Deputy President, Chairman HPE Committee**
- **Triathlete since 2022**
- **Multiple Champion (AG) at Sprint, Standard, 70.3 & Ironman**
- **Multiple World Champions**

**Conflict of Interest:**

**Parent of Athlete, Emma & Louisa Middleditch**  
**NROC SG-Coach Level I**



# NOMINATION CANDIDATE

## Mr. Yu Kok Chew

**Age: 55**

**Occupation: Managing Director, YNY Design + Construction Pte Ltd**

**Experience:**

**Triathlon Singapore's Board Member Since 2020**

- **2020 to 2022 : Treasurer, Chairman Business Development Committee**
- **Improved TAS's Operating Reserve Ratio by 23% (from -9% to 14.2%)**

**Conflict of Interest:**

**Parent of Athlete, Herlene Yu**



# NOMINATION CANDIDATE

## Mr. Ivan Ng

**Age: 43**

**Occupation: Owner / CEO, NGarde Group**

**Experience:**

**4 years as Board Member with global NGO  
Community level Triathlete and Marathoner  
Outrigger Canoeist and Dragon Boater  
Kendo Practitioner**

**Conflict of Interest:**

**None**



# NOMINATION CANDIDATE

## Ms. Yvonne Teo

**Age: 46**

**Occupation: Vice President, Deutsche Bank Singapore**

### **Experience:**

**Deutsche Bank CSR Arm since 2019**

**Active Triathlete since 2015**

- **Sprint, Standard, IM 70.3**
- **Qualified for IM 70.3 World Championships 2023**
- **One of Co-Founders of Singapore Women's Triathlon Club**
- **actively promoting women's participation in the sport**

### **Conflict of Interest:**

**Singapore Women's Triathlon Club**



# NOMINATION CANDIDATE

## Ms. Michelle Evelyn Chow

**Age: 44**

**Occupation: Associate Performance Psychologist, InPsychful LLP**

**Experience:**

**Triathlon Singapore's Board Member (Co-opted) Since 2020**

**Supported the SportCares Multisport Program**

**Former SAF Regular, Former Teacher**

**Conflict of Interest:**

**NROC SG Coach Level I Coach**



# NOMINATION CANDIDATE

## Mr. Ahmad Arif

**Age: 29**

**Occupation: Teacher, MOE**

**Experience:**

**Triathlon Singapore's Board Member Since 2020**

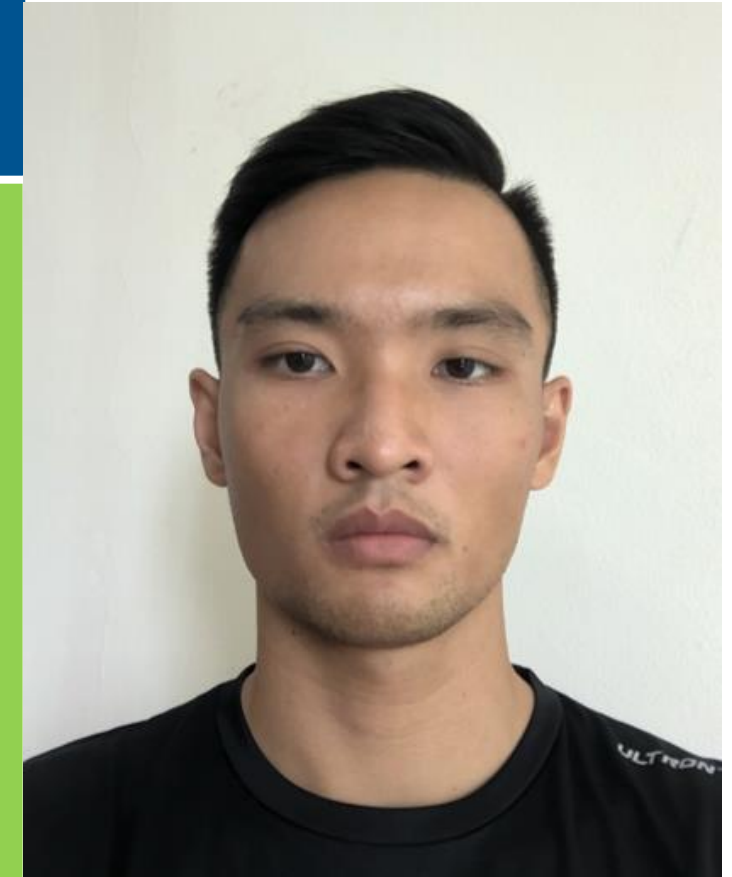
**- 2020 to 2022: Athletes' Committee Chairman**

**National Athlete**

**- 2 SEA Games representation, 1 SEA Games Silver Medal**

**Conflict of Interest:**

**HPE Athlete**





# NOMINATION CANDIDATE

## Mr. Benjamin Khoo Jun Da

**Age: 31**

**Occupation: Business Executive, Lazada SEA Pte Ltd**

**Experience:**

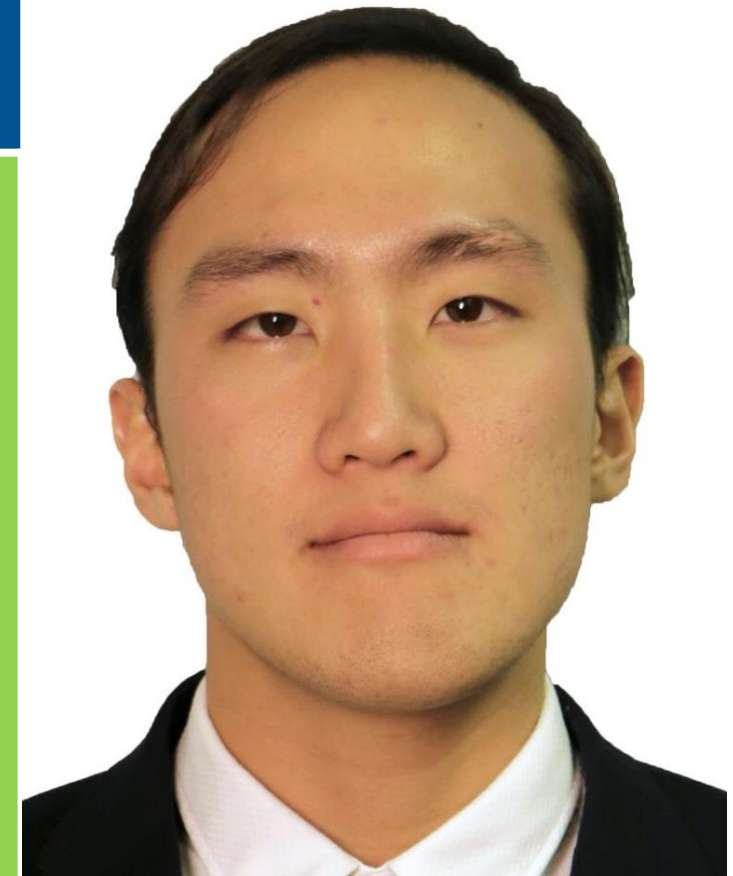
**U23 Athlete 2011-2022**

**HPE Athlete 2018**

**Responsible for the set up the SPH Foundation**

**Conflict of Interest:**

**HPE Athlete**



# NOMINATION CANDIDATE

## Ms. Denise Wong

**Age: 35**

**Occupation: Facilities, St' Hilda Church**

**Experience:**

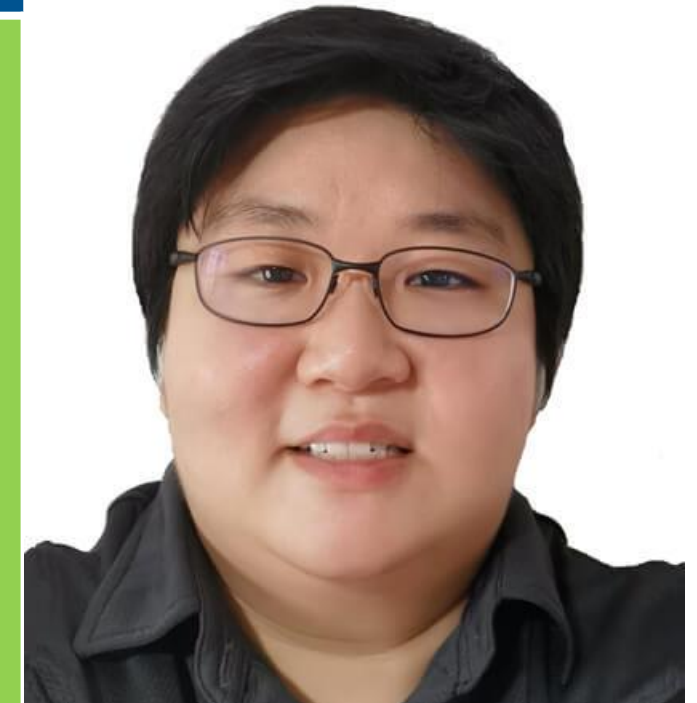
**Triathlon Singapore's Board Member (Co-opted) Since 2018**

- **2020 to 2022: Assistant Hon Sec, Deputy Chair Technical Committee**
- **Safe Sport Officer**

**World Triathlon Level 2 Technical Official**

**Conflict of Interest:**

**Technical Official**



# NOMINATION CANDIDATE

## Ms. Chang Shuwen

**Age: 32**

**Occupation: Coach**

**Experience:**

**Triathlon Singapore's Board Member Since 2018**

**Former National Athlete**

**- 1 SEA Games representation**

**Founder of Well Bred Triathlon Club**

**Supported the SportCares Multisport Program**

**Conflict of Interest:**

**Well Bred Triathlon Club, NROC SG Coach Level 1**



# NOMINATION CANDIDATE

## Mr. Chew Yi Heng

**Age: 29**

**Occupation: Design Engineer, Dyson Operations**

**Experience:**

**3 years working with MYMCA, SCS, Club Rainbow**

**Former HPE Athlete**

**Co-Founder of TRIBAL Triathlon Club**

**Conflict of Interest:**

**TRIBAL Triathlon Club, NROC SG Coach Level 1, Community level**

**Technical Official**



# NOMINATION CANDIDATE

## Mr. Alaric Kweh

**Age: 24**

**Occupation: Student**

**Experience:**

**Supported Team SGP at the 2022 SEA Games**

**Active Cyclist**

**Conflict of Interest:**

**Yap Bicycle Compania, Bike Mechanic**

