



Selection Policy for Triathlon @ 31st SEA Games, Hanoi Vietnam 21 November to 2 December 2021

Date	Version	By	Remarks
20 December 2020	1	Eugene Ong	Created
30 January 2021	1.1	Eugene Ong	Updated
14 February 2021	1.2	Eugene Ong	Updated

1. Introduction

1.1 There will be 4 events:

Men's Event (2)	Women's Event (2)
Triathlon Individual	Triathlon Individual
Duathlon Individual	Duathlon Individual

1.2 Tentative Schedule for Triathlon & Duathlon:

Date – 27 & 28 November 2021

1.3 Total Quota: Each NOC may enter a maximum of 2 Men and 2 Women in Triathlon, and 2 men and 2 Women in Duathlon.

1.4 The maximum number of athletes each NOC can enter for the events:

	Triathlon Individual	Duathlon Individual
Men	2	2
Women	2	2

1.5 Note: The events, schedules, dates and quota number of athletes are subject to changes, pending confirmation of the Triathlon Technical handbook which will be released by the SEA Games organizing Committee. Any changes or updates will be announced as by TAS as soon as reasonably possible.

2. Objectives

2.1 This policy details and set out the process for selection of athletes to represent Singapore at the 31st SEA Games, Triathlon and Duathlon events, and selected athletes obligations and conditions that they need to fulfill.

2.2 This policy may be amended at any time if TAS is of the opinion that such an amendment is necessary. TAS will publish this policy (and any amendments) on TAS website at (www.triathlonsingapore.org).

3. Selection Panel

- 3.1 The selection panel will be made up of the following members:
- a) 1 Member from the TAS Exco – Denise Wong
 - b) 1 Member from the TAS Management Committee - TBC
 - c) 1 Member from the TAS High Performance Committee – Steven Chan
 - d) Technical Director TAS – Eugene Lee
 - e) General Manager TAS – Eugene Ong
- 3.2 The selection panel shall meet after the end of the selection process, to decide and confirm on the athletes to be nominated. Should voting on any non-consensual decisions be required, each members shall have 1 vote.
- 3.3 The Panel shall then make their recommendations to the TAS Management Committee. The recommendations made must be in accordance to the criteria as set out in this policy.
- 3.4 TAS Management Committee shall consider and make the final Team Nomination to SNOC. (Please refer to Appendix A for key dates and timeline)
- 3.5 An appeal process is available for athletes. (Please refer to Appendix B)
- 3.6 Final decision for participation at the 31st SEA Games will be at the sole discretion of SNOC Selection Committee.

4. Selection Process

- 4.1 Athlete's Eligibility:
- a) Singapore Citizen.
 - b) 18 years of age as of 31 December 2021.
 - c) Paid up member of TAS.
 - d) In good standing with TAS and its affiliate partners.
 - e) Must have completed a competitive Triathlon/Duathlon race before in the last 24 Months (At least Sprint Distance)
 - f) Must have raced in a World Triathlon draft legal race in the last 24 Months, or have to undergo draft-legal cycling endorsement before 7 March. (Fees applies)
- 4.2 Selection Process:
- a) Triathlon Selection Race – 11 April 2021 (Top 2 Men & Top 2 Women)
Duathlon Selection Race – 21 March 2021 (Top 2 Men & Top 2 Women)
 - b) There will be 2 time trials:
Time Trial 1 (For Triathlon & Duathlon)
Format - 10km Run Trial
Date / Time – 7 March, 8am
Venue – TBC
Note – Top 10 athletes (per gender) for Duathlon, will advance to Duathlon Selection Race.

Time Trial 2 (For Triathlon)
Format – 1500m Swim Trial
Date / Time – 27 March 2021, 8am
Venue – TBC
Note – Taking the total timings (10km run + 1500m swim), top 10 athletes (per gender) will advance to Triathlon Selection race.

c) Selection Races:

Duathlon Selection Race

Format – Standard Distance Duathlon (Draft Legal)

Event – Metasprint Duathlon Origin

Date / Time – 21 March 2021, TBC

Venue – Nicoll Highway

Note – Top 2 athletes (per gender) win nomination rights for SEA Games, 3rd & 4th placing (per gender) will be reserves.

Triathlon Selection Race

Format – Standard Distance Triathlon (Draft Legal)

Event – Metasprint Triathlon Origin

Date / Time – 11 April 2021, TBC

Venue – East Coast Park

Note - Top 2 athletes (per gender) win nomination rights for SEA Games, 3rd & 4th placing (per gender) will be reserves.

4.3 Long List Submission – Estimated 30 April 2021. From the selection races, top 2 athletes (per gender) that have won nomination rights, and 3rd & 4th placed (per gender) as reserves, will be submitted in the Long List, with their race positions as the listed order of priority.

4.4 Final Nomination - Estimated 12 July 2021. The top 2 (per gender) that have won nomination rights will be submitted in the final nomination, subject to full compliance to conditions and obligations in point 5. Otherwise, on a roll down system from the long list, the reserves will be submitted.

5. Conditions and Obligations for Nominated Athletes

5.1 It is important for all nominated athletes in the long list to maintain their level of fitness, competency and readiness for the 2021 SEA Games. There could be a possibility of any athlete's name being put forth to SNOC for the entry-by-name nomination, due to injury, sickness, personal withdrawal, or should there be a breach by an athlete in any of the points below.

5.2 Athletes are required to read, sign and accept the TAS athlete agreement, which includes the code of conduct.

5.3 Athletes are required to declare accurate whereabouts information as instructed by Anti-Doping Singapore (ADS), and agree to participate willingly in sample collections for Doping Tests conducted by ADS, pursuant to WADA's policies. A breach in this point would include the failure to accurately declare requested information, not cooperating with ADS officers or any violation in the Anti-Doping Rules and Tests.

5.4 Athletes are required to put in a full training load, of at least 20 hours per week. They are required to submit their training and competition plan (depending on travel restrictions and availability of races), in a periodised format with targets at relevant stages. This is to ensure that they maintain their level of fitness and competency that will enable them to compete in the 2021 SEA Games at their optimum condition

5.5 Athletes must strive to achieve the SEA Games benchmarked timings by 12 July 2021, should there be races available locally or overseas.

Triathlon Benchmarked Times – Men: (2:01 to 2:04), Women (2:20 to 2:26)

Duathlon Benchmarked Times – Men (1:54 to 2:01), Women (2:15 to 2:22)

5.6 Athletes might be requested to undergo a fitness assessment at any time prior to the 2021 SEA Games. This assessment will be at the absolute discretion of TAS and SNOC, and may be at a designated race, or component time trials involving one of more disciplines of Triathlon.

5.7 Athletes must agree to participate in any competitions and training camps, as determined by the Committee.

5.8 Athletes are required to keep TAS updated on any changes to their health and fitness, or training and competition plan. They are to immediately inform TAS of any illness or injury that could reasonably impact their ability to perform at the expected level at the SEA Games, and more importantly, the impact on their overall health and well-being.

5.9 In addition to the above, the following qualities of the athletes will also be assessed:

- Attitude and Behavior
- Current Skill level and Fitness level
- Level of Commitment and attendance towards training
- Potential for future development
- Ability to demonstrate team spirit and work well with team mates.

Registration of Interest

All interested and eligible athletes must register their interest to participate in selection latest by 3 March 2021. They are to attach their sporting resume.

(Note: if an athlete needs to do a draft legal cycling endorsement, they are recommended to register their interest at least 1 week before the closing date of 3 March 2021. This is to ensure that a coach is available to conduct their draft legal cycling endorsement test.)

Contact details

Athletes who have any queries may contact,
Name: Eugene Ong
Telephone: +65 6227 7577, +65 9276 5765
Email: eugene.ong@triathlonsingapore.org

Appendix A: Timeline

3 March 2021	Deadline for registration of interest
7 March 2021	10km Run Trial
21 March 2021	Duathlon Selection Race
27 March 2021	1500m Swim Trial
11 April 2021	Triathlon Selection Race
30 April 2021	Long List Submission
12 July 2021	Nomination Deadline
19 August 2021	Entries-By-Name

Appendix B: Appeal Process

Right of Appeal - An eligible athlete, who fails to be selected for any Nomination to SNOC pursuant to the process and criteria set up in this policy, may appeal against his/her omission from the nomination.

The sole grounds of appeal are that:

- a) The athlete's omission was as a result of a failure by TAS to properly apply the selection criteria set out in this policy.
- b) The athlete's omission was as a result of a failure by TAS to adhere to the requirement guidelines set out in this policy.

Notice of Appeal – Within 48 hours of any official announcements, any athlete wishing to appeal must put forth a notice of appeal in writing to:

General Manager TAS

Email: eugene.ong@triathlonsingapore.org

The notice of appeal must be accompanied by:

- A summary of all arguments and documentations that the athlete wishes to be considered in support of the appeal, and also evidences that will be relied upon in support of those arguments for the appeal.
- An appeal bond of SGD\$500. (Cash Only)

Appeal Panel – The hearing of the appeal will be done by the appeal panel which will be constituted by 3 persons.

- (i) A Member of TAS Exco, not already in the Selection Panel (TBC)
- (ii) An invited official from another NSA (TBC)
- (iii) An invited official from SportSG or SNOC (TBC)

Functions of the Appeal Panel – The panel has no power of selection or re-selection. Their role is to review the matters set out in the appeal and, may refer the matter back to TAS Selection Panel and MC for a re-selection.

Hearing of the Appeal – The appellant will be advised on a date for the hearing as soon as necessary.

- The hearing will be conducted with as little formality and technicality.
- The hearing must observe the principles of natural justice.
- The parties to an appeal may be represented at a hearing but not by a barrister, solicitor or a legally trained person.

Results of hearing – After a decision had been made by the appeal panel, it shall be recommended to TAS for consideration. Any further selection decision of TAS under the direction of the appeal panel shall be final and binding, and no further appeal shall be available to the appellant in respect of that selection.

- Regardless of the selection decision, the panel may stipulate that all or part of the appeal bond be refunded to the appellant.